Deliverance Handout

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The following is the prayer Jesus gave me to give to people to take them through deliverance (broken into five easy to understand steps).

All but steps three and four can be prayed silently in your heart. Steps three and four can be whispered, so only you God and Satan hears them being commanded.

This prayer can be said without the need of another to be there so that only you and Jesus knows what is being prayed.

Step 1

Give to Jesus, quietly in your heart, anything that troubles you. You do not need to name the sins, just the area the sin or problem is in, for Jesus to be Lord of. All you need to do is to agree to give the following in your heart for Jesus to be Lord of. So give to Jesus any:

- o Moral weaknesses you have.
- o Sins you have trouble defeating.
- o Loveless acts toward others.
- o Circumstances or events you are anxious or concerned/worried about.
- o Wrong emotions, habits, attitudes, values or wrong coping mechanisms you have.
- o Wrong understanding, knowledge and learning, wrong worship or attitudes to God.
- o Hurtful memories you have that cause you problems of any kind.
- o Wrong relationships you have.
- o Betrothal (engagement) and social activities.
- o Marriage, family and any problems in that area.
- o Employment.
- o Ministry.
- o Fear of Authority.
- o Fear of Failure.
- o All others fears.
- o Any wrong agreements or contracts; whether or not you know you have made them.

- o Past hurts, traumatic events and other events that have hurt you in ally way.
- o Anything, in you or that you have done that is, not of Jesus or His Kingdom which He is not already Lord of. Whether or not you know they are there.
- Anything The Holy Spirit tells you now to give to Him for Jesus to be Lord of and to make certain you have not missed anything.

Then pray as follows and give Jesus also the causes and results of all these things.

General Repentance

Lord, Jesus, I want you to be Lord of all my life.

I give it to all You, as well as anything that stands between You and me, whether or not I know they are there.

Show me these things Lord that separate us so I can deal with them as you want me to deal with them.

I want to do Your will in all I do Lord, and I ask You to help me to do this.

I give it all to Jesus for Him to be Lord of so that He is Lord of all I am.

Step 2

The Lord says you are to forgive everyone who has hurt you in any way. If you deliberately do not forgive anyone who has hurt you, the Father in heaven cannot forgive your wrongs against Him. So you do not go to heaven (Matthew 6:14-15).

You may need to pray as follows:

Jesus, I forgive all who have hurt me.

Lord! Help me to forgive those I have problems forgiving. So I can obey you in this area.

Give any problems you have reconciling to another as this is usually caused by **unforgiveness** or fear of man (or woman).

You may need to pray as follows:

Lord Help me to reconcile to those I need to reconcile too and to do what I need to do this.

You may also need to repent of a sin you know you are doing.

You may need to pray:

Lord I repent and want to stop doing anything that I am doing that is wrong. Help me to do this so you can be completely Lord of m life.

Step 3

Now command Satan to leave and to take all he did to you with him:

Satan, I have given all, these areas of my life, to Jesus to be Lord of. So you must go from these areas in Jesus' Name to the Throne of Judgment to be dealt with by Jesus. In Jesus' Name, you are to take with you everything in, on or around me or that you have done to me at any time.

Step 4

In accordance with the Will of God, I command in Jesus' Name, healing of everything Satan did to me and in Jesus' Name, I command restoration of a sound mind, as well as all else that Satan took from me.

Step 5

Holy Spirit, please fill me completely, refresh me and anoint me freshly to serve you as an obedient citizen of the Kingdom of God, and member of The Body of believers on earth.

The following prayer gives permission to Jesus to do whatever He needs to do for you, without asking your permission and needs to be prayed only once or repeated, only if The Holy Spirit says to do so:

Father, Lord Jesus, Holy Spirit, ministering angels - I give you all permission to do anything you need to do to me, or for me, without the need to ask my permission to do these things.

Satan will try and convince you by placing thoughts in you or emotions on you that you have not been delivered. Just give these thoughts to Jesus using the following five steps which form the basis of the prayer above.

The Five Steps in summary

- o Give it to Jesus to be Lord of.
- o Repent, forgive, reconcile.
- o Cast out Satan.
- o Command healing and restoration.
- Ask Holy Spirit to fill you completely.

Attacks of Satan

How does Satan attack (an overview)?

Satan can only have you do something if you let him persuade you to do it. You must accept what he offers you, before you will do what he desires you to do, rebel against God and sin.

Satan attacks you by placing thoughts in your mind, emotions and/or attitudes in your soul or feelings/sensations in your body. He also tries to have you become angry, react, reason out something or assume things without checking their factualness so he can guide you in the situation. He tries to deceive you from the truth of a situation or distract you from what Jesus wants you to do. He has to persuade you to reject The Lordship of Jesus in an area so he can obtain authority over it. This is the only way he can obtain any authority over you and cause you to sin.

Use of the Five Steps to defeat Satan and his attacks

The following Five Steps are used to attack and defeat Satan and are the basis of the deliverance prayer above

The five steps are used:

- o When Satan is attacking you personally or things you are steward of.
- o To fight the temptations of Satan.
- o To deal with weaknesses and fears in your life that lead to sin.

- o To remove the damage Satan has caused to you (deliverance) as well as to restore (in accordance with the Will of Jesus), what Satan took from you.
- o To protect current or future activities by stopping Satan from attacking or using them (See Steps 1,3 and 5).
- o The Name of Jesus is used for spiritual warfare for others.

How to Hear The Holy Spirit

It is important to be able to hear The Holy Spirit clearly as He is your guide to live as Jesus desires you to live and to fight Satan in the way Jesus desires you to fight Satan. Remember that to be an adopted child of The Father you need to be led by The Holy Spirit (**Romans 8:14**).

Preparatory Prayer

Lord, I want to hear The Holy Spirit so I can do Your Will and be guided to be your follower and live as your adoption son or daughter. I give this desire to you and am sorry for anything I have done wrong in this area or associated areas of hearing The Holy Spirit.

In Jesus' Name, I command any demons that are blocking me from hearing and understanding the truths that The Father, Jesus and The Holy Spirit want me to hear and understand, to go immediately in Jesus' Name, to The Throne of Judgment to be dealt with by Jesus. I ask You, Holy Spirit, to take their place.

How You Hear Him

Unless The Holy Spirit or Satan actually appear to you, they can only talk to you in your mind. When they are communicating with you, it is as if they are your own thoughts or that you are talking to yourself.

People often mistake this for a disorder as if there are apparently two personalities in them when demons are speaking audibly in their mind. Also, when The Holy Spirit is speaking, they usually think it is their own thoughts. So you need to know who is interacting with you.

They communicate through: thoughts, dreams, day dreams, emotions, sensations, feelings etc. If it is not your thoughts, or one of the other communicating methods, then it is either

The Holy Spirit or Satan placing them there. You can actually hold a conversation with the Holy Spirit or the demons representing Satan and ask them questions and they will answer if appropriate. Only answers from The Holy Spirit are 100% truthful. Demons will answer in a way that furthers their purposes for you.

You will need to silence your mind. You may have trouble hearing Him (The Holy Spirit) especially if you are in a place full of distractions or in a place where Satan rules. Remember, The Holy Spirit, has a still, small (quiet) voice.

He will place an impression, picture, or thought in your mind, give you an emotion, or even speak to you in an audible voice. You will know it is from Him as it will not cause you to fear. He may speak in other ways than these, but these are the normal ways. You may feel a check in your spirit which is a 'no.' If He does not reply it is also a 'no,' so you ask Him the reason why He said 'no,' as He may tell you and you may find out more by this than by the answer you wanted.

If He gives you an answer, He gives will line up with The Bible, and you will have peace in your heart over it. Remember, God will not contradict His Bible.

Satan will try to cause you doubt about what you are hearing then cause you to reason that it is wrong or impossible so that you believe you are not hearing correctly. Satan will also at times place fear or other wrong emotions in you to cause you to doubt God's Love, Control, Plans or Purposes for you. Satan does this to take away your trust in God and His Love for you, your Joy in Him, as well as rewards and His things He has for you. He will also try to have you misinterpret or misapply The Bible in a way that suit his purposes.

At times Satan will block you hearing The Holy Spirit so you need to cast him out and stop him doing this and ask the Holy Spirit again what you desired to know. If you do not hear from The Holy Spirit, ask the following:

- Are you in a place in which Satan rules so that the spiritual atmosphere is blocking
 The Holy Spirit?
- o Are you in sin and do you need to deal with it using the Five Steps?
- Are you to ask this particular question of The Holy Spirit?

If you do not get an answer, it may not be the time to ask.

- o It may not be the time to receive the answer.
- o It may not be an appropriate question to ask
- o Jesus may not want you to have the answer, so Satan will not know what Jesus is going to do and try to stop it or replace it with his version of what you are to do.
- o In Jesus' Name, did you to command the demons that are blocking you from hearing the Holy Spirit to leave you?
- o Do you really want to hear the answer?
- o Are you seriously listening or just going through the motions of listening

You do not really need to know what God is doing as God will always do His best for you if you seek to know Him better and to do His Will. As long as you obey what you know he asks you to do, you will be on the path He has prepared from before creation on which are all the things He needs you to do as well as all the promises and blessings He has given you (Matthew 6:33, Ephesians 2:10).

The Holy Spirit is your Companion in this life, so it is necessary to be in continual communication with Him as He helps you to navigate the traps of Satan and do the Will of God.

How does Satan Attack in more detail?

Satan can really only work in two ways:

- o He can deceive you partly or wholly.
- He can sidetrack you from what God desires you to do.

To draw you away from the truth He has to make you believe it says something it does not or does not say something it does.

To distract you from what God desires you to do he has to deceive you into accepting his direction to go.

Satan is known as the 'father of lies' so in a sense deception is the only way he knows to work and it is the basis for both of the ways he attacks people.

So how does he actually attack?

Satan can only attack you in four basic ways:

- o Place a voice in your mind.
- o Place thoughts in your mind.
- o Place emotions and feelings in your mind.
- o Play on your lusts.

His purpose is to make you believe they are your own thoughts or feelings and that you are actually hearing, thinking or feeling these things. This is so he can train you to think the way he desires you to think so that you will more easily accept what he suggests.

This is why the easiest way to defeat Satan is to ignore what he suggests when you realise it is from him and not from you or The Holy Spirit. But to remove the attack you need to send the demon to Jesus to be dealt with and ask The Holy Spirit to take their place.

If Satan cannot make you then he uses gossip and character assassination to try and get you a bad reputation so people will not trust your ministry and service to Jesus because they do not trust your attitudes believing the lies Satan has spread about you.

Remember it is war and we are told:

"Be on your guard and stay awake. Your enemy, the devil, is like a roaring lion, sneaking around to find someone to attack" 1 Peter 5:8 (CEV).

So Satan is constantly looking for weaknesses in you to exploit against you. This means you need to take everything to Jesus to be Lord of in case it is Satan supplying the thought, activity or possession.

You can see why you need to be led by The Holy Spirit in all things because something may appear to be good but it has actually been provided by Satan to distract you into doing something that is second best when compared to what God actually desires you to do for Him.

One advantage we have is that The Holy Spirit gives us peace when something is from God and a lack of peace when it is not, unless you desire something so much that your desire blots out the warning from The Holy Spirit.

So how do we deal with the attacks of Satan?

You either ignore them or send the attacking demon(s) in Jesus' Name to Jesus to be dealt with and ask the Holy Spirit to replace them. Using the Five Steps also does any deliverance needed.

You also must guard what your inputs in to your mind and body are so that Satan cannot sneak into you through using one of these accesses. This is why you need to ask yourself if Jesus would accept that input and if He would not then you should not either.

Remember! You alone determine what goes into your soul and you alone will be to blame for the inputs you allowed in which you knew were not godly and had to be from Satan.