



How to Know You're Hearing God, Part 1

Doug Addison [Episode 141]

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Hey friends, welcome to *Spirit Connection*! Doug Addison here, August 12, 2020.

And I tell ya, there's something flowing from Heaven. You want to get this into your spirit, into your life. It's gonna shift the spiritual atmosphere over you. I'm real excited right now, what's happening. And we're in a shifting time, spiritually. Hasn't come fully out into the natural yet, but you can change your life right now with what we're gonna be talking about.

So we pray, Lord, for the continued solutions and healing anointing to come for safe vaccines and medical treatments of the coronavirus. We pray for those who are out of work, struggling in isolation. We pray for those who are just going through the rough time. And we also just ask, Lord, that You would just lift us up right now. We need Your encouragement in Jesus' name. Amen!

Well be sure to check out my prophetic word for the month of August. I already released it out on my website, DougAddison.com. You'll see it around the internet. It's called [*The Seer Gift and Anointing Returns*](#). And I did the *Spirit Connection* last week on it where I just talked about the details of that. And it's being released ... actually got released last weekend, August 8. And it's gonna continue to flow to people over the next few months. And again, this isn't like you miss it if you weren't there or whatever. This is just ... grab hold of it no matter when you're listening to this.

So you know, I wanna go through something to help you in this season. Hearing the voice of God is so important! And I wanna give you some tips, actually, that I've learned. These are the things I wish someone would've taught me years ago about how to hear the voice of God. It's shifting right now because we are in a global storm. It's a coronavirus pandemic, it's actually caused us to not be able to hear as clearly as maybe you used to. Or maybe you need to shift things and get into it. But God is now taking us to a new level, and we need to shift gears to get there and to operate at this new level.

So there's gonna be greater revelation flowing right now. And I'm gonna be doing a 2-part series. This is Part 1 on how to know if you're hearing the voice of God. *How to Know You Are Hearing: Part 1*. Next week on *Spirit Connection*, I'll give you Part 2 of it. And I'm excited about this because this is the answer to the question people ask me all the time: "How do I know if I'm hearing from God, myself or the enemy?" And you can do that. And it requires greater interaction in the spiritual realm.

"On Earth as it is in Heaven," Jesus prayed in Matthew 6:10. And we need to bring the qualities of Heaven into our daily lives on Earth, whatever that might mean for you. But we're receiving greater revelation right now. And I just ... you know, I'm excited for what's happening because the Lord will not be outdone in all this. You know, we're not going down. This is not like the end-of-the-world stuff going on. This month, I just really wanna help you to grab hold of this, you know, to get into the flow of what's happening in the spiritual realm. And it will change the natural realm once you do that.

So this week, I'm gonna do the first of two parts and it's on the 5 steps for hearing God. This is 5 steps that I released. This is the answer to knowing if you are hearing from God, yourself or other sources. And Step 1 is to build a foundation. Step 2 is to cultivate the spiritual atmosphere around you. Step 3, track what God says to you. Step 4 is learn to discern God's voice. Step 5 is activate it into your life. I've been training people on this for a very long time, and I wanna just go over it with you. You can use this and next

week's training, or actually podcast, to really take you to the next level depending on how much you put into it.

So, Step 1 is to build a foundation. First of all, you have to establish a biblical foundation on hearing God. "I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the spirit of wisdom and revelation so that you may know Him better." That's Ephesians 1:17. That's one of my life verses! I build everything I do on that. The second for the prophetic is 1 Corinthians 14:3, "But anyone who prophesies does so for their strengthening, encouragement and comfort." So, we need to develop a deeper relationship with the Lord, know Him better and also be encouraging in the process of this.

And so, you don't have to be a prophet to hear the voice of God. I hope you know that by now. But prophecy and hearing God needs to be a function in the church, business, communities, government ... Once it becomes a function, we don't have to have a title. I'm a prophet, but I don't have it on my business card. It's okay if you do if you run in realms, you know, if you are in groups that value that, that's fine. But just don't get entitled if you have a title. So you want to be more of a function. That prophetic gift, the ability to hear God.

And so 1 Corinthians 14:1, the apostle Paul said this, "Follow the way of love and eagerly desire the gifts of the Spirit, especially prophecy." You are very encouraged throughout the New Testament to flow in the gift of prophecy. It's really strange that we went through this thing called "the cessation theory," which was the fact that the gifts died with the apostles. That's way from the truth. That's what really killed our ability to flow in the Spirit, our ability to hear God. The gifts of the Holy Spirit are still here today. And there are groups of people out there trying to discredit that, which is crazy ... anyway, I'm just sayin'.

Notice that Jesus and His disciples all operated in the spiritual gifts. They could hear God. They operated in all of them like, you know ... God speaks in so many different ways where you don't wanna put Him in a box. He'll speak through the Bible, through friends, dreams and visions, hearing the Holy Spirit in that still, small voice or interacting with angels whether you know they're there or not. Prophetic words given to us maybe through nature and music and the arts. God will speak through seeing, hearing, feeling, sensing, smelling. That's what I call the seer gift that's being released right now. The possibilities are endless because God, He is endless, as well.

But here is some steps to develop your foundation. First of all, is know who God really is. Jesus said this several times. Luke 11:11, my favorite one where He says, "Which of your fathers, if your son asked for a fish would give him a snake instead, or if he asked for an egg would give a scorpion?" He goes on to say, you know, the Father is love! He *is* love. So, God is a loving father. You need to know who God really is. There's an angry voice, a false voice, out there going around telling people, in people's heads. Maybe it's in your head. Maybe it came from the past somewhere. But you gotta get rid of that. God is not angry with you. He's not disappointed. He's for you.

The characteristics of God is relational. Notice it's Father, Son, Holy Spirit. God is love. 1 John 4:8, my favorite. "Whoever does not love does not know God because God is love." So we need to change any negative views that we might have of God, and we need to know His ways. Like I said, that negative voice that's running around out there that's speaking inside people's heads, telling them, you know, that's a harsh angry voice. That's a false ... Jesus said that there would be false messiahs. That's that voice of the false guy. It's not the Lord. It's the enemy trying to mess with you. You need to get rid of that.

Here's how you can build a greater foundation on how to hear God. First of all, believe He wants to speak to you. Unbelief caused Jesus to not be able to perform miracles. So, regularly spend time in the Word. That still, small voice is gonna be there.

Sometimes you gotta quiet yourself. I know you might be in different situations. Maybe you have kids, maybe going to school, working a couple of jobs. Maybe, you know, whatever your situation is, find when it is. Doesn't have to be in the morning. Just make sure you do it. Spend some time, even if it's just a few minutes, to quiet yourself and ask God to speak.

Step #2 is cultivating the spiritual atmosphere. You know that there is a spiritual atmosphere. You ever been around a negative vibe or you feel that negativity? The atmosphere is a surrounding or pervading mood or environment. (That's Dictionary.com.) The spiritual atmosphere is a vibe or a presence that can be positive or negative. It can exist over a person, a family, a house, a church, a building, a city. Start noticing when you walk into places. I like to notice when I'm driving down the street. You can pick up on it. The area is struggling with alcohol or you can pick up on those things. That's the example of it.

So in the Bible, we saw that Jesus couldn't perform miracles in one town in Mark 6:5. Look it up. He could only do a few miracles except lay hands on some people, and healed just a few people because of their lack of faith or unbelief. That was a spiritual atmosphere. In John 4, Jesus changed the spiritual atmosphere over a person. That's the Samaritan woman at the well. And He'll do this with you. You can walk through this time, you know, you can shift things over by getting into agreement with the good things of Heaven. Getting in agreement with joy, love—love, joy, peace, patience, kindness, goodness—with the fruit of the Spirit.

And things that can create the negative atmosphere is unbelief, like I just mentioned. Also focusing too much on the demonic instead of the Holy Spirit and angels. Or maybe overly focused on logic can close it down. We need to condition our spirit and not our minds. Many Christians have taken pride into, you know, proving that spiritual things don't exist. And my goodness, that's not the Lord, you know. And you wanna hear His voice it will require that. So another thing that'll close it down is the fear of the

supernatural. Maybe you've been afraid of seeing an angel or seeing something. You need to break through that.

Here's how to remove some hindrances to hearing God. Throw off those hindrances by, you know, first of all, not valuing God's voice or the spiritual gifts. Maybe bad experiences with the prophetic or with Christians or judging. Others are unforgiveness in your own heart can cause you to close things down. Another thing that'll close down the spiritual atmosphere is fear. That is a four-letter word that starts with an "f." My goodness. Fear of being deceived. Fear of being wrong. Fear of missing God. You know, fear of being judged or fear of rejection. Whatever it might be, you'll need to break through the spirit of fear. Second Timothy 1:7, "God has not given us a spirit of fear, but love, power and sound mind."

So another thing that will close down the spiritual atmosphere over you is focusing too much on Satan or the evil. If you're looking for demons everywhere. I love Proverbs 11:27 in the New Living. It says, "If you search for good, you will find favor; but if you search for evil, it will find you." That's just saying that whatever you focus on can come to you. You can create heavy self-fulfilling prophecies happening over you whether it's real or not. So focusing too much on Satan, the demons, can cause you to miss God's solution at times. There's a spiritual principle, "A man reaps what he sows," in Galatians 6:7. And so you need to focus on that. Begin to focus. You reap what you sow.

So you can now shift the spiritual atmosphere by choosing to view God as a positive, loving God or every ... and the people around you. I used to blame God for everything that happened to me. You know, one day someone had told me, "My goodness, that's not God bringing those things, that's the enemy. That's Satan bringing 'em." I was blaming the Lord! So, some people can have a negative view of God. You need to change that. Maybe get some inner healing. It'll help you do that. Change the spiritual atmosphere around you and with your relationship with God. You can just have a heart-to-heart talk and pray. Be brutally honest with Him. He can handle that.

And here's some ways to change it over your own life. First of all, prayer and fasting can do it. Worship. Blessing. Having faith. Repenting. Removing doubt and fear. Getting some inner healing. Forgiving someone. Having peace. Giving and being grateful. Go on a negative-thought-and-talk fast. That'll do it, as well. Boy, that's a good one.

Here's the recap. I only got through two of 'em. The 5 steps of hearing God accurately. First of all is build that foundation. The second is cultivate the spiritual atmosphere. Now next week, I'm gonna do Part 2. I'll go through tracking what God is saying. Learning to discern. I'll walk you through the characteristics of a word from God, a word from yourself. And then number 4, that was learn to discern. Number 5 is activating it into your life.

All right. Lord, we thank You that You're moving right now. We thank You for the gifts of the Holy Spirit. We ask that You would activate this ability. We pray Lord, that You would cause us to rise up out of the negativity and the negative things going on around us in Jesus' name, amen.

Be sure to tune in next week for Part 2!

And also, I'm doing a special training this month called [*Discern God's Voice: How to Know You're Hearing Accurately*](#). It's August 22nd, 2020, 10 a.m. And it's DougAddison.com/Discern. How to know if you're hearing God, yourself or the enemy. Now I did a training on this a couple years ago, and this is a new, updated version where I'll be bringing it together. This the most frequently-asked question I have, which is "How do I know if I'm hearing from God, myself and the enemy." So we'll do a couple hour training on it and give you a chance to ask questions and stuff like that. DougAddison.com/Discern

See you next week!

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