



Breakthrough Plan from Psalm 32

Doug Addison [Episode 193]

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Hey friends, Doug Addison here. Welcome to *Spirit Connection* podcast. It's August 11th, 2021, and I've got a word for you on how to break through. In fact, how to get a breakthrough plan using Psalm 32, it's a fresh word from Heaven. And I tell you, God's doing something new. God's bringing a major spiritual alignment this month. He's going to bring you into His perfect timing for this season over this next month. It'll take some time. Maybe some of you are going to shift into it right away. But if you haven't seen my prophetic word for this month, it's Episode 192, [*God Is Bringing You into His Perfect Timing*](#). So just to recap, first of all, right now, God is getting you ready for the new season that's about to begin. The new season is going to come in September. Everything's going to shift. It's Ecclesiastes 3:1–2, “To everything there is a season, a time and purpose under heaven: a time to be born, and a time to die.” God is bringing you into His timing right now to enter into the Days of Awe in September—Rosh Hashanah, Yom Kippur ... more later. But right now, you just want to enter into what He has. The Lord might call you to die to some things that are no longer valid for now. And also, there's a greater understanding of the Word coming. This is the most powerful part of the word that I got for this month. And God's going to combine using the Bible and hearing the Holy Spirit.

God is preparing you to hear His voice more clearly right now. “How to prepare?” People keep asking me. And the best way to prepare is align yourself with Heaven by developing godly character. Shore up any areas of your life that the enemy might have

been trying to gain a foothold—and love and peace are keys. Plus, write this one down ... it's so powerful, Colossians 3:14–15 (this is how to prepare), “Above all else, put on love, which is the bond of perfection (and peace). And let the peace of God rule your hearts, for which we are called in one body; and to be thankful.” Now, let me get this here. There's three things: love, peace and thankfulness. Out of those verses, it's going to shift things over you. I feel it shifting right now. There's this stuff flying in and stuff flying out. If I sounded distracted in my speaking, it's 'cause I was seeing stuff.

This week, I want to talk about the mysteries and revelation being released. Part of the word I had was from Luke 24:45 about the mysteries being revealed in the Bible—that He opened their minds, that they might comprehend the scripture. The Lord is bringing a prophetic road map. And let me just give you an example of it. A fresh revelation from the Word of God. Many people have been walking through a difficult time. Maybe you need a breakthrough. And the Lord wants to speak to you both through the Holy Spirit and the Bible, because in the midst of the storm, sometimes it's hard to discern.

And this--, for me, anyway, I was crying out to the Lord for this week's message. I have a lot of material, but I wanted a fresh word of the Lord (you know what I'm saying) for this week. I wasn't getting anything. And so, finally I heard that still small voice. I heard the Lord say ... it wasn't like a big encounter or anything. He said, “I will instruct you and teach you in the way you should go.” And I recognized that from Psalm 32. I googled it to make sure. Sure enough, it was Psalm 32. And so when I read it, I saw a pattern for breakthrough. And I want to share this with you. I'm going to be teaching out of Psalm 32:7–11. And it's in *The Passion Translation*. I like this because whenever you need a shot of love, *The Passion Translation* is really the place to turn. And so, the Lord spoke to me through the Holy Spirit, and He used the Bible to do this. So this is a demonstration of what's available for this month. Psalm 32:7, the Lord said [chuckles] ... well, actually the psalmist said, “Lord, you are my secret place, protect me from times of trouble, surround me with songs of gladness! And your joyous shouts will rescue me through this and release my breakthrough.”

So I love this. First of all, I was praying for a breakthrough and suddenly there's breakthrough right in the Bible.

I didn't even realize it was connected with that verse. I will instruct you and teach you in the way you should go. It's the verse right before, but in Psalm 32:7, the Lord says this. He said that there's three things to look for there. Here's three keys that's going to help you right now. Powerful weapons. These are three secret weapons to get you through the time of trouble. It's intimacy with the Lord, which is love. That's the secret place. The second is songs of gladness, and the third is shouts of joy. And I'm going to unpack this more with you. That's right out of Psalm 32:7 and you just read it and kind of pass over and say, "Okay, yeah, right, right, right." But then if you really look at it, ask the Lord to open your eyes. That's what He did with me. He says, "No, there's more to it. Don't read over that. Go back to it." He says, "I'm calling you to the secret place. I'm protecting you from troubles. I'm surrounding you with songs of gladness and I'm surrounding you with joyous shouts to release my breakthrough."

Man, I tell you, you can camp out on this verse for a very, very long time. The Lord is releasing something right now over this area. And so the first one, the keys, anyway—the intimacy and love, the secret place. As you pull back with the Lord, take some time, doesn't have to be a long time—anywhere. You can do it anywhere, anytime. The secret place represents intimacy with the Lord, intimacy with developing love.

And then when you get hit with discouragement or trouble, you'll need to do the opposite, you know, like take a drive, pull back. You know, if it's a swirl where you are, go in another room, take a walk, you know, do something to get out of that, to shake that off. Just get refocused on the Lord and get your heart centered and His love will flow. The second part of verse seven was the songs of gladness. So in the moment of trouble, change your music, do something. Something that's positive and upbeat, you know, or something that's different than what you would normally do, especially if you're

listening to some more ... deeper, you know, downer music. This is not a season for that. You can still listen to worship music. But I've changed some music that I listen to in the moment of trouble. Change, if you can possibly, maybe something upbeat, positive. It doesn't have to be upbeat, just positive. And begin to sing in the spirit. And I tell you, I got ahold of Bethel Music. They released a video, you know, on YouTube. I picked it up off of YouTube of (You're my) *First Love*, and it was a Kari Jobe song, but it's their version. And I tell you, for me, I just grabbed it. It's not upbeat, but it sure is positive. "You're my first love." I started getting back to it. And then this week, I've been listening to it like three times a day. I get it on repeat. "You're my first love. You're my first—," you know, getting that in my spirit, begin to sing in the spirit these promises, because that's intimacy—the first love—that's intimacy.

So the third key for you is shouts of joy. You don't actually have to shout. You could if you want to. I do. As long as you're able to release it. But joy is powerful. The joy of the Lord is your strength. By releasing love, singing (these are the things right out of verse seven). Love, singing and changing things to be positive because you get the joy, and you'll find new strength. Because the Bible also says the joy of the Lord is your strength. So it will tap you into the spiritual strength. It'll shift the spiritual atmosphere over you. My goodness, that's just one verse. You believe this?

Psalm 32:8–9, "I hear the Lord saying, 'I will stay close to you, and instructing and guiding you along the pathway of life. I will advise you along the way and lead you forth with my eyes as your guide.'" So that's the part that I would normally read, which is, "I will instruct you and teach you in the way you should go." But I love *The Passion Translation*. Brian Simmons, good friend of mine, he did this amazingly. And he's one of the few Bible translators that's seen Heaven. He's been in encounters in Heaven. And I hear the Lord saying, "I will stay close to you, instructing you and guiding you on the pathway of life. I will advise you and lead you and be your guide." This is what I'm getting right now. I have to press in for it.

Man I tell you, there's the cloudiness. There's stuff going on, going on. And sometimes I'd have to press in ten to fifteen minutes. And then I get a clear, clear, clear advice-type of word from the Lord. And I have to shift things, shift the spiritual atmosphere. So here's the rest of that—verse nine. This is verses eight and nine. Stay close to the Lord. “So don't make it difficult (you know); don't be stubborn, and when you're not able to do it but don't make Me tug on you or pull on you. Just come to Me.”

Right now, I'm just feeling this. There's a--, there was a tug-of-war going on when I was doing that. I couldn't even get the verse. I couldn't even read, suddenly, because there's a tug-of-war going on. Just don't ... don't make it difficult; don't be stubborn, and when I take you, when I take you, I'm going to-- (it doesn't mean He's going to take you, like, kill you or anything like that). But He's going to tug on your heart, and He says, “Just come. Go to the secret place.” Just stay close to the Lord in this season. He's releasing instructions. He's releasing guides for you; and combine this with worship songs. And also, you'll need to write down what you're hearing. In verse 11—this is all just still Psalm 32, “So my conclusion is this: is that many are the sorrows of the frustrations of those who don't come clean with God. But when they trust in the Lord for their forgiveness, his wraparound love will surround you.”

So as you pull back, you might need to repent for things or reach out to someone. I tell you, I had to do that this week. When I did this, the Lord gave me some instructions. He said to me, By the way, this so-and-so. You need to reach out to them and tell them that you're sorry for hurting them. I didn't realize it. I didn't know I had that. It wasn't until I did this process just this week in Psalm 32. So, in the midst of it, don't get all down about it. You know, get inner-focused. Don't start gazing at your navel so hard. He says in verse 11, he says, “So celebrate the goodness of God! He shows kindness to everyone who is his. And go ahead—shout for joy.” Okay, “YESSSS!!!!!!” I can't really shout too much here, but, you know, I'm in my office. But, you know, shout for joy. Thank You, God, for what You're doing. Thank You that we're still alive. Thank You, Lord that we have a breakthrough. Thank You, Lord that You're about shift things in the spiritual atmosphere.

Thank You that we have each other, we have Your love. And as you celebrate and worship, God's going to renew your strength, He's going to move you into a new place. That's what He's moving you into, is into the new season.

So I did go through this a few times, recently. I've had to reach out to people. I had to do some things to adjust. And the Lord spoke to me to do these steps that's in here. And, you know, I got hit hard.

I tell you, we're on the verge of a breakthrough. The powers of darkness do not want you to see this. They do not want you to move into the new season. They want you to think that we're going to hell in a handbasket. They want you to think that the world has made its bed, now they've got to sleep in it. That's a lie. The Lord, He's the one. He is moving in a new way. He's the one. He is greater than the pandemic. He's greater than your sin. He's the one. He's greater than these things.

And this is the alignment I'm talking about. You get into this alignment—He's going to move on you. So, you know, when I was getting hit really hard, the powers of dark--, I mean, I was getting hit really hard. I got upset because it violated my rights as a believer. (“Touch not my anointed. Do my prophets no harm.”) I have a right, you know, and so I was, you know, getting in the Lord's face about it. And I was getting a bit upset, you know, and angry and the Lord said, “You know what? Why don't you do these steps right here because you don't come into agreement with being upset at the world or Me.”

That's what He told me, even this week. He said, I want you to come into agreement with the things of Heaven and have joy and you'll get the turnaround. So, I actually had to flip my anger around at the enemy. I had all my rights to be upset and move things into songs of gladness. I had to go on overload, you know, repeat and repeat and repeat of this song, You're my *First Love*, you know, and You're *My Everything*. And then when I did that, there was a radical change. You know, I can't say that all the warfare's stopped, but my understanding of my strength came. I can endure all things through

Christ who gives me strength. And in the midst of this, the Lord spoke to me that, “Right now, I'm releasing greater understanding. I'm releasing greater love. My joy is here, says the Lord. Don't believe the lies, right now. Rise above this. He has not forgotten us. We are not going down, folks. You know, the only people who are going down are those who go down because they think they're going down. I'm telling you; the Lord is with you, and we need to rise above. I want you to grab ahold of this, take Psalm 32, read it in *The Passion Translation*, or whatever you want, especially verses seven through eleven. And these steps will help you to get the breakthrough that you need.

So, Lord, we pray. Activate this word, I pray that the Word of God would become alive. It's living—and would come alive. It's not a rule book to beat us with. Oh my goodness, it is the key to intimacy with the Lord. It's a key to love. And Lord, I just pray that You would release the Father's love. Let people know that You're still alive. Yeah, release that, right now. I'm seeing a shift happening. There's something happening even greater. The Lord's going to speak your name, He's going to say something to you, like with me, He spoke my name this week when He gave me this. And He just, like, gave me what I needed. And I'm giving it to you. That's the Psalm 32 breakthrough. You can give it to others as well, in Jesus' name. Amen.

Hey, be sure to be part of our online training for this month. It's a good one, I mean, this is going to be powerful. [How to Transform Your Bible into a Prophetic Road Map](#). It's on August 21st, 10:00 a.m. Pacific Time. You don't have to be there live, but you do have to sign up. It's only \$37. By the way, it's two hours of training. That's less than a cup of coffee a day. Plus, I really encourage people to get the Trainer Kit. And with the Trainer Kit, you could get the notes, the PowerPoint and you could edit it. The edible [chuckles] editable ... and edible [chuckles] Trainer Kit which will let you teach this or keep it, you know, to help you through times because it's a powerful one and it is going to align you.

There's greater understanding of the Bible into your situations right now. The Word of God is being illuminated. This is the word I got that spurred this. In fact, someone wrote in and said, "You need to do something." One of our Partners said--, when I said this last month, it was just in my prophetic word. You know, people started to say, "Wow, you do something on this." All I said was that there's a greater understanding coming in the Bible into your situations in your life, and the Word of God is going to be illuminating and become a road map.

And then the Lord spoke to me, He says, "Yep, this is the time." It'll get you ready for the Jewish New Year, which is Rosh Hashanah, Yom Kippur, which is in September, where God's opening up the Books of Heaven. It'll help you to enter into the season by combining the understanding of the Bible and hearing the Holy Spirit. And it will release the anointing of Luke 24:45 which is, "He opened their understanding that they may comprehend the Scriptures."

Now, this is for all types of people. You could be a trainer or pastor and also just starting out. Maybe you need a boost, but definitely for all ages and 1 Corinthians 2:7, "Because we speak a wisdom and it's a mystery that's been hidden since the beginning of time." It's wisdom. We speak wisdom of God in a mystery. And so there's been hidden wisdom and it's going to really come out in a greater way. How to study the Bible for all it's worth, how to interpret symbols in the Bible, especially because we're looking at things.

We're looking at the Bible, using it as a road map. And so I'll show you some of the tools I use as a times-and-seasons prophet. But, when I get a word, maybe I see a number on the clock. We'll talk about those numbers, understanding the meaning of numbers, times and seasons, the Jewish calendar. Also, discovering hidden secrets and mysteries in the Bible. Revelation into the parables of Jesus for what I believe is for today (the Lord showed me). And using the Bible in the Courts of Heaven, the power of decrees and worship and communion is going to release a greater level of that. Understanding the legal system and the justice system of the Lord will help you as well.

And we're going to look at why some Bible prophecies have not come to pass. [An] honest, honest, look at some of the misinterpretations and the abuse of the Bible. And the biggest thing here is to get out of this rule-based that's going on. Seeing God as a taskmaster, seeing God as mean and break open grace over you. Powerful biblical principles that's going to change your life right now! Wow. I'm seeing something happening over people. So watch for this. DougAddison.com/Transform.

All right. Hope to see you there. If not, I'll see you next week.

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