

# **Ministering in the Power of the Holy Spirit Manual**

**The Subritzky Family**

Ministering in the Power of the Holy Spirit  
Copyright 1989 Dove Ministries Limited

Second edition 1994  
ISBN 978-0-908950-11-9

Dove Ministries  
PO Box 48036  
Blockhouse Bay, Auckland 0644  
New Zealand  
[www.doveministries.com](http://www.doveministries.com)

All rights reserved. These notes can be reproduced except for commercial purposes.

All Scripture quotations are from the New King James Bible.  
Copyright 1979, 1980, 1982, Thomas Nelson Inc.

## CONTENTS

PURPOSE .....	4
INTRODUCTION .....	4
HOW TO START .....	5
ORGANISER'S PREPARATION FOR SESSIONS .....	9
SESSION ONE	
(a) How to prepare for ministering .....	10
(b) How to lead people to salvation .....	13
(c) How to lead people into the baptism with the Holy Spirit .....	18
(d) How to receive and operate the gifts of the Holy Spirit . . . ..	22
SESSION TWO	
How to minister in deliverance .....	28
The Blood Scriptures.....	41
APPENDIX 1: Occult Checklist.....	46
APPENDIX 2: Non-Christian religions and cults .....	49
SESSION THREE	
How to give your testimony .....	51
SESSION FOUR	
How to preach and teach .....	56
SESSION FIVE	
How to be effective in prayer, intercession and fasting .....	63
SESSION SIX	
Celebration and encouragement .....	80
SONGS	
Ministering in Power .....	82
Go out in Power .....	84

## **PURPOSE**

The purpose of the Manual is to assist participants to confidently minister in churches, prayer groups, counselling and Christian outreaches, in the areas of: Salvation, Baptism with the Holy Spirit, Gifts of the Spirit, Deliverance, Testimony, Preaching, Teaching, Prayer, Intercession and Fasting.

Ephesians Chapter 4, verses 11 and 12:

"And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, for the equipping of the saints for the work of ministry, for the edifying of the body of Christ."

## **INTRODUCTION**

This Manual has been compiled as a result of requests received from Spirit-filled Christians of all denominations who desired to move on in the gifts and power of the Holy Spirit. Initially sessions were arranged in order that the participants could be given teaching and then practice, using the gifts of the Holy Spirit.

Requests were then received for ongoing practical instruction on how to minister in the power of the Holy Spirit. A team of six men and women came together (under authority) and prayed and fasted for leading and guidance regarding further sessions.

A series of six sessions was devised and one hundred and fifty- four people (plus six teachers) participated in this series. All participants felt that they had learned and grown spiritually. "It was a time of stretching and extending for me" "a challenge for me to be used in a greater measure in our church groups, in counselling and in ministry ".

Larger and smaller seminars have since been held, both for men and women, separately and combined, using the material contained in this Manual.

The material in the Manual has been compiled by Bill and Pat Subritzky, with their son, Paul. Bill and Pat Subritzky's grateful thanks go to Barbara Stroud, Noreen Matthews, and to Bill and Pat's daughters, Janne and Maria, and their other son, John, for their contribution.

This revised Manual now incorporates material previously contained in the original Organiser's Guide and Manual.

We pray that this Manual may be greatly used to the extension of God's kingdom.

## HOW TO START

1. Establish that there is a need and a desire for men or women to move and minister in the power of the Holy Spirit. It is better to organise separate sessions for men or women as this allows greater freedom and openness. This Manual has been designed for use in group sessions.

2. Read the Manual thoroughly.

This revised Manual now incorporates material previously contained in the original Organiser's Guide and Manual.

If possible attend the sessions yourself or obtain the DVD or CD of the Ministering in the Power of the Holy Spirit sessions to obtain a very clear picture of the content of the Manual, and some idea of how the sessions operate.

3. A suitable venue should be selected by the Organiser. It is important that the venue be large enough to cope with the participants being divided into various groups and that the groups are not too close together. For example, a church which has a separate hall or various rooms is ideal.

4. Practical Requirements:

(a) An adequate sound system should be organised to ensure that the Teachers can be adequately heard by all participants.

(b) The Participants must have a commitment to attend all sessions. It is, therefore, helpful that they pay a registration fee to show a commitment and cover the expense of the Manual, venue and advertising. Keep this fee low.

(c) Publicity for the sessions can be arranged through the local church newsletter, notice board, the 'church notices' page of local newspapers, Christian newspapers, Christian radio, hand bills or by word of mouth. Letters with a programme attached should be sent to those people whom you think would be interested in participating themselves or advertising the sessions.

(d) Names and addresses of the participants should be recorded by the Organiser or the Co-ordinator as participants either phone through or write in. The names should then be arranged in alphabetical order for quick reference, particularly when registering and buying the Manual.

(e) Ordering Manuals at bulk rates

Organisers are invited to purchase the number of Manuals they require from Dove Ministries (or the distributors) at bulk rates. The bulk rate price per copy should be lower than the cost to photocopy the Manual at normal, commercial rates.

(f) Book and tape table

Organisers are also invited to consider ordering copies of the video and audio tapes of the 'Ministering in the Power of the Holy Spirit' series at bulk rates from Dove Ministries (or the distributors). This invitation also applies to other resource material from the Dove Ministries catalogue. You would then be able to re-sell this resource material at discounted prices as an extra benefit to delegates.

5. A programme should be arranged which will suit the needs of the participants. For example, the sessions could be stretched over six weeks, one night per week. Alternatively, there may be a desire to do the whole seminar over a weekend. Some suggested programmes for the sessions are set out below:

(a) PROGRAMME FOR SIX WEEKLY SESSIONS:

A Monday night is usually the most suitable for participants and Teachers alike.

The first night:

7.00 to 7.30 pm        Registration

7.30 to 9.30 pm        Session I

The second, third, fourth, fifth and sixth nights from: 7.30 to 9.30 pm

(b) PROGRAMME FOR A WEEKEND

A weekend is often the only opportunity for a varied group to come together. This programme is most successful for a retreat type situation where more time can be allowed for each session and to enable participants to allow the Holy Spirit to minister to them over a prolonged period. It is particularly important to allow time for homework to be done.

FRIDAY EVENING

7.00 to 7.30 pm        Registration

7.30 to 9.30 pm        Session 1

SATURDAY

9.00 am to 10.00 am    Homework

10.00 am to 12 noon    Session 2

12 noon to 2.00 pm    Lunch, relaxation, homework.

2.00 pm to 4.00 pm    Session 3

4.00 pm to 7.00 pm    Homework, dinner, relaxation.

7.00 pm to 9.00 pm    Session 4

SUNDAY

9.00 am to 10.00 am    Homework

10.00 am to 12 noon    Session 5

12 noon to 2.00 pm    Homework, lunch, relaxation

2.00 pm to 4.00 pm    Session 6

(c) ONE NIGHT AND ONE DAY SEMINAR

If time is extremely limited, then the sessions can be conducted over one night and one day, although this is not the best use of the sessions because there is insufficient time to prepare fully for homework, and the sessions themselves, of course, can be extremely demanding.

FRIDAY EVENING

7.00 to 7.30 pm        Registration

7.30 to 9.30 pm        Session 1

## **SATURDAY**

8.30 am to 10.30 am Session 2  
10.30 am to 11.00 am Morning Tea  
11.00 am to 12.30 pm Session 3  
12.30 pm to 1.15 pm Lunch  
1.15 pm to 3.00 pm Session 4  
3.00 pm to 3.15 pm Afternoon Tea  
3.15 pm to 5.00 pm Session 5  
5.00 pm to 5.10 pm Break  
5.10 pm to 6.30 pm Session 6

6. Pray for an Organiser, Teachers and participants, with the following attributes:

### **THE ORGANISER**

- (a) Should have a vision to see the move and the workings of the Holy Spirit in people's lives and be prepared to see it through.
- (b) Should have the ability to organise thoughts and actions in a disciplined way.
- (c) Should have the approval of his/her Pastor to organise the sessions and the Pastor should also approve of the use of the Manual.
- (d) Should encourage Teachers and participants.
- (e) Should be prepared to make announcements before the teaching is given.
- (f) The Organiser can take a session if he/she is capable of doing so and wishes to take a session.
- (g) It is helpful if the Organiser could watch the video on each session to appreciate the content and presentation.

### **TEACHERS**

- (a) The Teachers contribute greatly to the success of the sessions so they must be dedicated.
- (b) They must be prepared to attend all the sessions if possible and any additional times for prayer, discussion and fellowship.
- (c) A Teacher chosen for a particular session should be experienced if possible in that particular topic and know the topic thoroughly.
- (d) They should keep to the guideline material, resisting adding their own thoughts or material. The Organiser should ensure that this is adhered to.
- (e) They should be able to speak publicly.
- (f) Preferably choose a different Teacher for each session.
- (g) Be prepared to undertake overall supervision of some of the groups.
- (h) Should you be unable to locate a suitable Teacher or Teachers, the Video or Audio cassettes mentioned before can be used to replace a Teacher or Teachers for the sessions although it is advantageous to use local Teachers for their own growth and experience.

### **PARTICIPANTS**

- (a) The participants should be saved and have received the baptism with the Holy Spirit to obtain maximum benefit from the sessions.
- (b) It must be stressed to the participants that they should attend all sessions and participate fully and do the homework conscientiously to obtain maximum benefit.
- (c) There should only be as many participants as the venue can conveniently accommodate

when divided into groups.

(d) All participants should read "Group Leaders" as they may be called upon to lead a group for a session.

## **GROUP LEADERS**

Group Leaders are selected from the participants. There should be one Group Leader to every 6 to 8 participants. Group Leaders are required for Sessions 3, 4 and 5 and from those Group Leaders are chosen Group Leaders for Session 6. Everybody should read these points.

Group Leaders should:

- (a) Show the love of Jesus and be in submission to the Lord.
- (b) Be saved and filled with the Holy Spirit.
- (c) Be experienced in the Gifts of the Holy Spirit.
- (d) Be sensitive to and seek the leading of the Holy Spirit. (e) Pray regularly and read their Bible.

Group Leaders should:

- (a) Be prepared to follow closely the instructions in the Manual.
- (b) Encourage every person to participate, particularly those who are shy or reluctant to do so. The success of these groups depends upon everyone participating.
- (c) Not permit unnecessary discussion. The purpose of the group is not to discuss but to practise. If a lot of discussion is permitted, then people's minds will come into play, not their spirits, and the Holy Spirit will be quenched.
- (d) Watch the amount of time you have available.
- (e) Note any problems and be prepared to bring them forward to the Organiser or Teacher.
- (f) Group Leaders change if possible for each session. Each group then has a different leader.
- (g) Group Leaders must NOT be:

Dominating, or they will stifle group openness and participation. Wanting to project their own personality.

Presenting their own knowledge.

Too retiring, as the group needs enthusiasm and must be encouraged to participate and not be too self-conscious.

(h) The Teachers should be allocated a number of groups to "keep an eye on", for example 15 groups with 5 Teachers will mean that each Teacher will watch 3 groups.

(i) The role of the Teacher is not to interrupt or dominate the groups or to interfere with the Group Leader's running of the group, except where the Group Leader requires assistance or is obviously out of his/her depth and needs encouragement.



## **ORGANISER'S PREPARATION FOR SESSIONS**

### **SESSION ONE**

Registration should take no longer than half an hour. For example, 7.00 pm to 7.30 pm. Helpers should be set up with tables and name tags to be placed on the participants. Ensure that the list of participants is typed in alphabetical order to enable easy marking off on arrival. Helpers are also able to receive registration money and distribute the Manual.

### **SESSIONS ONE, TWO, THREE, FOUR AND FIVE**

1. A Song Leader with accompanist should teach the songs at the back of the Manual from 7.15 pm to 7.30 pm. Songs should also be sung prior to the start of each session (no more than 5 to 10 minutes). Praise and worship of the Lord Jesus Christ will encourage the presence of the Holy Spirit.
2. Notices should be read out briefly after the Song Leader is finished. The Organiser should then introduce the Teacher for the session as briefly as possible to enable the session to commence.
3. Start promptly and if possible share a brief word of encouragement for participants (1 minute).
4. Keep to advertised times as far as possible.

### **SESSION SIX**

1. To obtain the best results for Session Six after the participants have met in the main meeting, they should be divided into 2 or 3 separate groups, as far apart as possible (so that noise will not cause too much disturbance).
2. Therefore, the meeting areas need to have pre-arranged seating in the separate rooms to make easier relocation for everybody.
3. The reason for the number of groups is to ensure a maximum number of participants are involved in leading the groups, while still having a reasonable number of participants in each group.
4. The Organiser should approach 2 or 3 people who have led groups in previous sessions from the participants to lead each group. The leaders for Session Six should be chosen on the basis of capability of leadership of a larger group and sensitivity to the Holy Spirit.
5. It is preferable for Session Six Group Leaders to be appointed at the end of Session Five so that they can meet with the Organiser and Teachers for prayer 15 minutes before Session Six starts.
6. Choose from the Teachers, 1 Teacher for each group to work alongside each of the Group Leaders for Session Six.

## **SESSION ONE**

- (A) HOW TO PREPARE FOR MINISTERING**
- (B) HOW TO LEAD PEOPLE TO SALVATION**
- (C) THE BAPTISM WITH THE HOLY SPIRIT**
- (D) HOW TO RECEIVE AND OPERATE THE GIFTS**

### **INTRODUCTION**

- (a) The emphasis on this session is practical NOT a detailed, theoretical explanation.
- (b) **MARK DOWN** any problems that you may be experiencing. These can then be dealt with by you later on, perhaps in a group.

### **(A) HOW TO PREPARE FOR MINISTERING IN THE POWER OF THE HOLY SPIRIT**

#### **1. SEEK TO BE FILLED WITH THE HOLY SPIRIT**

so that you can sense the anointing of the Holy Spirit, be led by the Holy Spirit and hear what He is saying about a particular person or situation.

#### **2. PRAYER AND FASTING IS NECESSARY**

to ensure that you are used in the most effective way. This is particularly true if you are ministering to a public gathering, to a member of your family in the area of salvation, or perhaps to a particular member of a home with a special need.

#### **3. BE A PURE VESSEL FOR THE HOLY SPIRIT TO OPERATE THROUGH.**

1 Corinthians 3: 1 6- 1 7:-

"Do you not know that you are the temple of God and that the Spirit of God dwells in you? If anyone defiles the temple of God, God will destroy him..."

The sins that you are aware of need to be confessed and victory obtained over them or Satan will accuse and condemn you when ministering to others.

#### **4. WE PERSONALLY MUST BREAK AND REPENT FROM ALL OCCULT INVOLVEMENT.**

The occult involvement may be by you or through members of your family. If this is not dealt with, it will create a major barrier to moving in the Spirit for you or the person for whom you are praying. Note the extent that occult involvement affects generations.

Exodus 20:5:—

"For I, the LORD your God, am a jealous God, visiting the iniquity of the fathers on the children to the third and fourth generations ..."

#### **5. OUR LIVES MUST BE A TESTIMONY AND EXAMPLE TO OTHERS.**

(a) We must be seen by others in our daily lives to manifest the fruit of the Spirit mentioned in Galatians 5:22 and 23:

"But the fruit of the Spirit is love, joy, peace, long-suffering, kindness, goodness, faithfulness, gentleness, self control ..."

(b) We always have to be prepared to explain to people what God has done for us, why we are

different, what happened, when and how.

## **6. WE MUST BE AWARE OF GOD'S TREMENDOUS LOVE AND COMPASSION FOR US.**

The person who is being ministered to will very quickly sense this love and compassion and whether your heart attitude is right before God.

(a) We must be able to counsel out of love not judgement: otherwise the person whom we are seeking to minister to will conceal sin rather than feel free to confess the sin, enabling the sin to be dealt with.

(b) We must be trustworthy and be able to maintain a confidence. Do not gossip about sins heard in confession.

(c) Because so much is written and talked of love today, it is important to understand what God meant when He talked of love. For very clear explanations of this love, please regularly read 1 Corinthians 13 and Matthew 18:21-35 (forgiveness).

(d) When counselling, listen to what the person is saying and allow the Holy Spirit to speak to you concerning that particular person's need. The Holy Spirit may quicken a verse of Scripture or lead you in a word of testimony or lead you to move in the other gifts of the Spirit, for example wisdom and discernment.

**7. WE MUST HAVE FAITH AND ALSO BELIEVE THAT THE WORD OF GOD** is true in every respect and believe that God is able to perform all His promises. Obviously we must therefore read the Word of God regularly as this is our spiritual food and leads to faith. It is important also to fellowship with other believing Christians so that your faith can be encouraged.

**8. VICTORY OVER FEAR OF MAN** can be obtained by a confident knowledge that what you are seeking to say from the Bible is true and it works for you and will work for others. 2 Timothy 1:7 :-

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." Overcoming fear of an audience will come by practice and trust in God. God will not place you in a situation beyond your means, although on occasions He may "stretch" you when you need to be stretched.

**9. OUR RELATIONSHIPS MUST BE RIGHT** or we will encounter problems ourselves (for example deception) and cause confusion in the people to whom we are seeking to minister. Areas where our relationships must be right:

(a) With God - Matthew 22:37:—

"You shall love the Lord your God with all your heart, with all your soul, and with all your mind."

(b) With family— Ephesians 5 and 6.

Explains the proper relationship between husband and wife, parents and children, and brothers and sisters.

(c) With our Church — 1 Corinthians 12:12:

"For as the body is one and has many members, but all the members of that one body, being many, are one body, so also is Christ."

(d) With one another — John 13:34:-

"A new commandment I give to you, that you love one another; as I have loved you, that you also love one another."

(e) With our employees —Ephesians 6:9:—

"And you, masters, do the same things to them, giving up threatening, knowing that your own Master also is in heaven, and there is no partiality with Him."

or with our employer —Colossians 3:22:

"Servants, obey in all things your masters according to the flesh, not with eyeservice, as men pleasers, but in sincerity of heart, fearing God."

## **(B) HOW TO LEAD PEOPLE TO SALVATION**

### **1. IN WITNESSING TO OTHERS WE MUST BE ABLE TO SHARE OUR TESTIMONY.**

We should be a living testimony to Jesus Christ. People should see the difference in us. They should know that there has been a major change in our lives when we came to Jesus Christ. For example when the Subritzky's were converted in 1971 and started a prayer meeting in their home and made it known to everybody around them, most people were incredulous about the change. However, those people came along to the prayer meetings out of curiosity and many were saved and filled with the Holy Spirit.

We must be a living witness and testimony to those around us, otherwise there is no way in which the Holy Spirit can move through us.

### **2. WE MUST ALWAYS FOLLOW THE HOLY SPIRIT.**

He will show us the people upon whom He is moving by bringing them across our path. They may have some needs such as for healing, or some emotional problem.

It may be a time of grief for them or they may be under great depression. They may have lost their job or their business or their house. Apart from the natural love and support which we offer in those circumstances, this also gives us an opportunity to present the fact of eternal life offered through Jesus Christ and to bring perspective on their present situation.

Every day we come across people who are open to the Gospel of Jesus Christ for some of the above and for other reasons. We must take up every opportunity that is offered to us without being "pushy". We must be sensitive to the Holy Spirit.

**3. IF WE ARE SEEKING TO WITNESS TO OUR UNSAVED SPOUSE**, they must see something in us that they want or desire. There must have been such a change in our lives that they see we have received something which they, themselves, need.

**4. REMEMBER ALWAYS THAT THE HOLY SPIRIT IS WITH US** and will give us the thoughts and impressions to speak about as we witness. The Holy Spirit will show us the timing of the real question we should put to the person, namely, do they want to receive Jesus Christ into their lives. We should be sensitive to the leading of the Holy Spirit in this connection. Many people who are wonderful soul winners pray daily that the Lord will lead people across their path and they have an expectancy that this will happen and are not surprised when it does happen.

**5. WHENEVER WITNESSING TO A PERSON WAIT** until the Holy Spirit gives the leading and ask them whether they would like you to pray with them. People do not usually refuse such an offer. As part of that prayer it can be suggested that they follow you in committing their lives to the Lordship of Jesus Christ. About 90 per cent of people seem to agree to this.

6. Once they have made this decision it is obviously necessary to **COUNSEL THEM ABOUT THE NEED TO GO TO A CHURCH TO BE WATER BAPTISED** if they have not received any water baptism and to discipline their lives in accordance with the Word of God. In other words, they need to be disciplined.

## **WE MUST UNDERSTAND AND BE ABLE TO CONVEY THE GOSPEL MESSAGE**

There are many booklets available and most list four basic steps to salvation.

### **1. GOD'S LOVE AND PLAN - John 3:16:-**

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."

And Proverbs 3:6:-

"In all your ways acknowledge Him, and He shall direct your paths."

The verses demonstrate God's love and plan for people. We should be able to explain and encourage people in these areas. Often we have to deal with peoples' attitudes, for example rejection, depression, self pity, fear and bitterness towards God.

An important Scripture: Ephesians 1:6:-

"to the praise of the glory of His grace, by which He has made us accepted in the Beloved."

### **2. SIN HAS SEPARATED MAN FROM GOD'S LOVE and His plan for us. Sin is an attitude of rebellion.**

Romans 3:23:-

"for all have sinned and fall short of the glory of God."

Isaiah 59:2:-

"... your iniquities have separated you from your God;..." Sinners are under the power of Satan who is the god of this world.

Luke 4:5-6:-

"Then the devil, taking Him up on a high mountain, showed Him all the kingdoms of the world in a moment of time. And the devil said to Him, 'All this authority I will give You, and their glory; for this has been delivered to me, and I give it to whomever I wish.' "

Acts 26: 18:-

"to open their eyes and to turn them from darkness to light, and from the power of Satan to God, that they may receive forgiveness of sins and an inheritance among those who are sanctified by faith in Me."

### **IMPORTANT**

Allow the Holy Spirit to convict the person of sin so that it can be repented from. Otherwise that person will not receive the full blessing that God has available for them. Listed below are some common areas of sin which affect people and must be dealt with:

(a) Lack of forgiveness is a sin. Matthew 18:23-35 clearly shows that if we do not forgive others we shall be delivered to the tormentors. Some persons say that it is impossible to forgive but it is something that is required as shown in the Lord's prayer. Indeed some cases may involve restitution, that is putting something right. Resentment for hurts caused to you also needs to be dealt with and the person causing those hurts forgiven. This is the only part of the Lord's prayer that Jesus comments on as shown in Matthew 6:14:— "For if you forgive men their trespasses, your heavenly Father will also forgive you."

(b) Pride

(i) Failure to humble ourselves and become as a little child will prevent us from receiving God's gifts. Lack of humility will prevent us moving further into spiritual areas.

(ii) Man's wisdom as opposed to seeking God can also be a major barrier. Examples are: 1 Corinthians 1:19, 20 and 26:-

"For it is written: 'I will destroy the wisdom of the wise, and bring to nothing the understanding of the prudent.'

Where is the wise? Where is the scribe? Where is the disputer of this age? Has not God made foolish the wisdom of this world?"

"For you see your calling, brethren, that not many wise according to the flesh, not many mighty, not many noble, are called."

(c) Involvement in the occult must be confessed, renounced and repented from or this will form a major blockage against what the Holy Spirit is saying to you. This may also lead into deception. See the occult checklist (set out later) for any possible involvement in this area.

(d) Wrong relationships. This is the most common barrier and is generally in one of the following two situations:

(i) With parents. We suggest that you ask the person to whom you are ministering to openly and truly say. "I love you father", "I love you mother", "I forgive you father" and "I forgive you mother".

(ii) In the sexual area. Remember that the body is intended to be the temple of the Holy Spirit. All sins must be confessed and renounced. Note that wisdom should be used in how much detail sins should be confessed. For example in a prayer meeting situation it may be more appropriate for the person to kneel quietly before the Lord and confess their sins directly to the Lord, rather than giving too vivid a description of their sins to the prayer meeting and causing further problems.

### **3. THAT JESUS WAS SENT BY GOD NOT TO CONDEMN**

But to buy us back, that is redeem us from Satan's grasp.

Verses on redemption:

1 Peter 1:18 and 19:-

"knowing that you were not redeemed with corruptible things, like silver or gold, from your aimless conduct received by tradition from your fathers, but with the precious blood of Christ, as of a lamb without blemish and without spot."

1 Corinthians 6:20:-

"For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."

Colossians 1:14:-

"in whom we have redemption through His blood, the forgiveness of sins."

John 14:16:-

"And I will pray the Father, and He will give you another Helper, that He may abide with you forever."

2 Corinthians 5:17:-

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new."

Ephesians 2:9:-

"...not of works, lest anyone should boast." (Remember, salvation is a gift from God.)

**4. THAT WE SHOULD TURN AWAY FROM OUR SINS,** (that is: repent from our sins and invite Jesus to come into our lives and be our personal Saviour.

Romans 10:9:-

"that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved."

Verse 10:-

"For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation."

Revelation 3:20:-

"Behold, I stand at the door and knock. If anyone hears My voice and opens the door, I will come in to him and dine with him, and he with Me."

### **DISTINGUISH BETWEEN TRUE REPENTANCE AND REMORSE.**

Repentance means turning a full 180 degrees. It comes from the heart and not from the head, which is distinct from remorse which is from the head and not from the heart. Scriptural examples of this are the Prodigal Son (Luke 15:11). Esau (Hebrews 12:1-17) and Judas (Matthew 27:3).

The Sinner's Prayer involves:

- (a) Confession of sin
- (b) Repentance from sin
- (c) Renouncing of sin
- (d) Asking Jesus to come into your heart and receiving Him
- (e) Confessing that Jesus died for you, rose from the dead on the third day and has become your personal Saviour
- (f) Thanking Jesus for what He has done for you. **PRACTICAL**

### **1. INTRODUCTION**

We are now going to enter a "cleaning out period". The sins mentioned earlier are going to be dealt with, for example, lack of forgiveness, wrong relationships, perhaps even backsliding.

### **2. INSTRUCTIONS**

Soon we are going to divide into groups of two. It is better if you join with somebody that you don't know as you will have greater freedom in confession of sin.

- (a) Pray for the Holy Spirit to convict you of any areas of sin in your life and allow a few minutes for the Holy Spirit to move on your heart.
- (b) Confess this revealed sin to the other person. Repent from this sin.
- (c) Pray for forgiveness from this sin.
- (d) Lead the other person as if they were a non-Christian in a prayer of salvation. Remember this prayer involves:
  - (i) Confession of sin
  - (ii) Repentance from sin
  - (iii) Renouncing of sin
  - (iv) Asking Jesus to come into your heart and receiving Him
  - (v) Confession that Jesus died for you, rose from the dead on the third day and became your personal Saviour
  - (vi) Thanking Jesus for what He has done for you.



This is a practice situation. If you have never led a person to salvation before, practice now. If you have led people to salvation many times in the past, alter your prayer to provide for the situation where you have just given your testimony at a public meeting, people have responded and are standing in front of you. (1 John 1:9).

**3. COVERING PRAYER COULD INCLUDE:**

- (a) Prayer for protection of the shed blood of Jesus Christ over every person and group as a whole.
- (b) Prayer for the Holy Spirit to come and pour over each and every person, convicting of sin and opening up areas of lives to the Lord that may have been locked away before.

**4. MOVE QUICKLY INTO GROUPS: (10 minutes only)**

## ( C ) HOW TO LEAD PEOPLE INTO THE BAPTISM WITH THE HOLY SPIRIT

### 1. INTRODUCTION

(a) Jesus Christ is described as the Baptiser with the Holy Spirit in each of the four gospels.

Matthew 3: 11

Mark 1:8

Luke 3:16

John 1:33

(b) We need this experience to enable us to preach the gospel with full power, to heal the sick and cast out demons. Acts 1:8:—

"But you shall receive power when the Holy Spirit has come upon you and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

(c) It is a further experience. The following sequence of events occurred:

(i) The disciples received the Holy Spirit when Jesus Christ breathed on them on the night of His resurrection, John 20:22:—

"And when He had said this, He breathed on them, and said to them, 'Receive the Holy Spirit'."

(ii) Jesus appeared to them over the next 40 days, Acts 1:3:- "to whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God."

(iii) During this time He told them to wait in Jerusalem for the promise of the Father, Luke 24:49:-

"Behold, I send the Promise of My Father upon you; but tarry in the city of Jerusalem until you are endued with power from on high."

(iv) After the Ascension of Jesus, they waited in Jerusalem a further ten days until the day of Pentecost and were then baptised with the Holy Spirit, Acts 2:1-4:—

"When the day of Pentecost had fully come, they were all with one accord in one place. [2] And suddenly there came a sound from heaven, as of a rushing mighty wind, and it filled the whole house where they were sitting. 131 Then there appeared to them divided tongues, as of fire, and one sat upon each of them. 141 And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance."

Acts 4:13

"Now when they saw the boldness of Peter and John, and perceived that they were uneducated and untrained men, they marvelled. And they realised that they had been with Jesus."

(d) Results

(i) Transformed disciples - thousands converted

(ii) All filled with the Holy Spirit and began to speak with other tongues.

(iii) Apostles filled with the power of the Holy Spirit to witness to others.

(iv) Church rapidly expanded.

(v) Miracles of healing and deliverance became common (Acts 8:5-7)

This experience of the baptism with the Holy Spirit is for every person who has believed in their heart and confessed with their mouth that Jesus has risen from the dead.

(e) Like salvation, the baptism of the Holy Spirit is a gift from God. Just as we can believe to be saved, so we can believe to be filled with the Holy Spirit and receive the gift of tongues.

(f) Importance of Baptism with the Holy Spirit.

(i) Conflict with mind, Romans 8:7 - Surrender.

Romans 8:7:-

"Because the carnal mind is enmity against God; for it is not subject to the law of God, nor indeed can be."

(ii) Am I worshipping God from my spirit, or has my natural mind closed the outlet of my spirit - my mouth.

(iii) As we surrender our carnal mind to the Lord and begin to listen to the Holy Spirit, the Bible becomes the great revelation of the Word of God to us.

(iv) Baptism with the Holy Spirit gives us the power to witness. It is the doorway to moving in the gifts of the Holy Spirit (1 Corinthians 12 and 14).

## **2. BLOCKAGES WHICH PREVENT A PERSON RECEIVING THE BAPTISM WITH THE HOLY SPIRIT:**

(a) Areas of sin that are mentioned under the salvation experience apply here, namely pride, lack of forgiveness, involvement in occult, lack of repentance.

(b) Fear. This can take many forms. For example, it may be fear that you are going to be taken over, that something evil is going to happen to you or fear that nothing is going to happen at all, that is, that you are not worthy to receive this experience. Under these circumstances encourage the person that you are praying with.

(c) Doubt or unbelief about the experience of being baptised with the Holy Spirit or in the Word of God. This could take the form of wrong doctrine, for example, that "this is not for today."

(d) Blockage of mind. The human mind tries to block the power of the Holy Spirit because it does not understand what you are saying to God through your tongue.

(e) Secular humanism. This basically teaches that man should depend on himself and not on God. It is man centred and not God centred.

## **3. PRACTICAL SUGGESTIONS WHEN PREPARING AND PRAYING FOR A PERSON OR PERSONS TO RECEIVE THE BAPTISM OF THE HOLY SPIRIT:**

(a) Explain that speaking in tongues is allowing their spirit to pray, for example: 1 Corinthians 14: 14:-

"For if I pray in a tongue, my spirit prays, but my understanding is unfruitful."

(b) If praying on a one to one basis. Allow the Holy Spirit to cleanse you. Then place your hands on the person's head or shoulders. We should be praying quietly in our own tongue and be sensitive to the Holy Spirit coming upon the other person. Encourage the other person to make some sounds. Even though they are meaningless to that person so that the Holy Spirit can indeed begin to flow upon their tongue. The person should be told to become as a little

child and make these childlike sounds as though they are learning a new language. As they do this the Holy Spirit can give them further words and phrases. The Holy Spirit will not take them over. If the person seems to go into a form of trance and speak in an uncontrollable fashion, stop them and start again. Ask them to request Jesus to baptise them again with the Holy Spirit and let the power of God fall upon them and let them start off in a new language. Sometimes the devil tries to jump in and give the wrong form of language. If the person does not appear to receive tongues at that time tell them not to be frustrated about it but to go away and keep praying to the Lord and expect to receive the gift at any time after then. It may well be that during the next 48 hours or next few days, as they are open to the Holy Spirit, they will find that they are able to speak in the language which God has given them.

(c) As you were encouraged remember Acts 2:4:—

"And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance."

When they stood praying for the experience all those who desired the experience received it. A lot of people who receive the Baptism with the Holy Spirit speak in tongues immediately. Some however, because of shyness or whatever the reason, will receive this at home that night after they have been prayed for. If they come into this category, then they must be encouraged.

(d) The human mind or human spirit must be brought into submission. Tell the person not to listen to what they are saying initially, as their mind will try to analyse it.

(e) For many people this is a further experience with God and they should be encouraged to continue speaking in their tongue. You should also warn that Satan will try to discredit the experience the next day and for the person to be aware of this.

#### **4. HOW TO PRAY FOR A PERSON TO RECEIVE THE BAPTISM WITH THE HOLY SPIRIT:**

(a) Ask them to go on their knees before God and confess all their sins and receive God's forgiveness. Particularly renounce any involvement in the occult or on the part of their parents or ancestors. All involvement in the occult should be renounced in the name of Jesus Christ.

(b) To acknowledge that Jesus is Lord and Saviour.

(c) They should be asked to believe in their heart that the Word of God is absolutely true and that God through Jesus Christ will give this great blessing to those who believe. This should be followed by a simple prayer by the person themselves. An example of this prayer would be as follows:

DEAR HEAVENLY FATHER in the name of Jesus Christ I renounce all my sins (name these sins) and I especially renounce all my involvement in the occult or witchcraft on my own part or on the part of my parents or ancestors. I renounce all fear and unbelief and any blockage of my mind. I ask You Lord Jesus to baptise me with the Holy Spirit.

(d) Encourage the person to pray in their new language which God is giving them.

## **PRACTICAL**

### **1. INSTRUCTIONS**

- (a) We are shortly going to divide into groups of four.
- (b) Each person in the group should pray quietly to enable the Holy Spirit to reveal any blockages they may have.
- (c) These blockages should then be confessed to the other members of your group and they will pray for you for release from blockages and to receive the Baptism with the Holy Spirit and the gift of tongues.
- (d) Be sensitive to the leading of the Holy Spirit in the way you pray.
- (e) If everyone in your group is baptised with the Holy Spirit and speaks freely in tongues (which is unlikely) then use this time to practice praying as if you were praying for a number of people to receive the Baptism with the Holy Spirit in a public meeting.

### **2. BREAK INTO GROUPS OF FOUR NOW. Move quickly (time 15 minutes only)**

## **(D) HOW TO RECEIVE AND OPERATE THE GIFTS OF THE HOLY SPIRIT**

(1 Corinthians, chapter 12)

### **INTRODUCTION**

(a) The Primary purpose of the gifts of the Holy Spirit is to edify the Church and equip the brethren to effectively discern and deal with spiritual powers of darkness.

(b) We should be filled with the Holy Spirit and speak in tongues prior to moving further in the gifts of the Holy Spirit. If we are going to move in the gifts we must be able to sense the anointing or presence of God. This is an assurance that we are moving in the power of the Holy Spirit when exercising the gifts.

1 John 2:27:—

"But the anointing which you have received from Him abides in you, and you do not need that anyone teach you; but as the same anointing teaches you concerning all things, and is true, and is not a lie, and just as it has taught you, you will abide in Him."

2 Corinthians 1:21 :—

"Now He who establishes us with you in Christ and has anointed us is God,"

(c) The distinction between the fruit of the Spirit and the gifts of the Spirit should be clearly understood. Galatians 5:22 —23:

"But the fruit of the Spirit is love, joy, peace, long- suffering, kindness, goodness, faithfulness, gentleness, self control. Against such there is no law."

Because God blesses you with the gifts of the Holy Spirit, this does not necessarily mean that He approves of your lifestyle or all areas of your life. God will use whatever vessel is available to Him. Therefore there can be no pride simply because God has chosen you as a vessel through whom He will exercise His gifts.

Remember Balaam's ass (Numbers 22:28). Not adequacy, just availability and openness.

(d) We must find our place in the body of Christ and be a part of that body to ensure that we remain humble through the exercising of the gifts of the Spirit. The gifts are for the building up of the body of Christ.

Romans 12:3, 3-5:-

"For I say, through the grace given to me, to everyone who is among you, not to think of himself more highly than he ought to think, but to think soberly, as God has dealt to each one a measure of faith. For as we have many members in one body, but all the members do not have the same function, so we, being many, are one body in Christ, and individually members of one another."

(e) The Gifts must be exercised in love. This is particularly true where you receive a word of knowledge.

(f) The barriers mentioned before are applicable here also, particularly occult involvement.

(g) We must ensure that we regularly test the leading of the Spirit with the Word of God and the members of the body of Christ.

## **BRIEF DESCRIPTION OF GIFTS OF THE HOLY SPIRIT**

### **1. WORD OF WISDOM.**

The word of wisdom is an impression on our mind or the direct audible voice of the Holy Spirit or a thought or a vision about how to deal with a situation. For example, King Solomon (1 Kings 3:16-28) and the baby which was brought before him, and secondly, (John 8:7) the woman caught in adultery.

### **2. WORD OF KNOWLEDGE.**

This is also an impression, a thought or the audible voice of the Holy Spirit or a vision about a situation. For example the woman at the well (John 4:16-19) and Peter dealing with Ananias and Sapphira. (Acts 5:1-10).

### **3. GIFT OF FAITH.**

The gift of faith comes about as shown in Romans 10: 17:- "So then faith comes by hearing, and hearing by the word of God."

As we implicitly believe the Word of God, read it and trust it absolutely, then God is able to implant this gift in our hearts. As we believe God in small things, He can then extend our faith into the larger things. (Mark 11:22-23).

### **4. GIFTS OF HEALING. Mark 16:18:-**

"they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick and they will recover."

We must act in love when we pray for healing. We must centre our thoughts totally on Jesus Christ at the right hand of God. We must allow no unbelief as this affects the faith in which we are praying for the person to be healed. A person must be counselled in the area of repentance from sin beforehand and if they have been involved in sin, not to return to that sin. Without this repentance the Holy Spirit is quenched and healing will be blocked. (Refer to barriers that we have mentioned previously.)

1 Peter 2:24:-

"who Himself bore our sins in His own body on the tree, that we, having died to sins, might live for righteousness — by whose stripes you were healed."

Also James 5:15 and Isaiah 53:4 and 5.

### **5. MIRACLES.**

Miracles are instant deliverance or healing as compared with healing which is effected over a longer period. For an example of an instantaneous healing in the New Testament, look at Matthew 9:7 healing of the paralytic man. When we know the anointing of the Holy Spirit and sense the power of God flowing through a person, we can sense that an instantaneous healing can be effected.

### **6. GIFT OF PROPHECY.**

This is normally an impression, a thought or a vision or the audible voice of the Holy Spirit speaking to a person who then speaks out what the Holy Spirit is saying to him. The words are spoken for edification, exhortation and comfort (1 Corinthians 14:3). It is important to make a start if it is the first time that you have exercised the gift of prophecy, even with a few words from Scripture or whatever you believe the Holy Spirit is saying to you through an

impression or thought etc. As we act in faith, God will begin to "quicken" further words to our mind which we can then speak out. We are told in 1 Corinthians 14:31.

"For you can all prophesy one by one, that all may learn and all may be encouraged."

It is good to encourage as many as possible to receive this gift as it encourages people tremendously in their personal faith as well as the group.

### **7. DISCERNING OF SPIRITS.**

A thought, vision or audible voice from the Holy Spirit, given by God which reveals the spiritual forces that can be affecting a person or even ourselves. These forces are revealed in order that they can be dealt with through prayer. (Acts 16:16-18).

### **8. GIFT OF A PUBLIC TONGUE.**

We should wait for the anointing presence of God and we should boldly speak out in our tongue when we sense this anointing, believing that God will bless it. As we make a start and believe that the Holy Spirit is directing us we will find that indeed God has called us to speak out. But we must make a start. God will not take us over and control our tongue. (1 Corinthians 14:5, 27, 28 and 39).

### **9. INTERPRETATION OF TONGUES.**

It is a gift of the Holy Spirit whereby an interpretation (not a translation) of a message in a tongue is given. There should be a maximum of three such messages in a meeting together with the interpretation. We need to sense the anointing and then make a start in faith. God will give us the words for the interpretation thereafter.

(1 Corinthians 14: 13, 26-29).

### **HOW DO WE RECEIVE THE GIFTS OF THE HOLY SPIRIT?**

The gifts of the Holy Spirit can be received by the laying on of hands: 2 Timothy 1:6:—  
"Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands."

Or it can be received by the sovereign act of the Holy Spirit. This means that the person wishing to receive the gifts of the Holy

35

Spirit must believe that he/she will receive them when prayed for and act in faith, and exercise them.

### **REMEMBER**

1 Kings 19:11-12:—

"Then He said, 'Go out, and stand on the mountain before the LORD.' And behold, the LORD passed by, and a great and strong wind tore into the mountains and broke the rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a STILL SMALL VOICE."

The still small voice spoken of here is also translated as a delicate whispering voice. You are more likely to hear the voice of God this way than anything more dramatic, and accordingly you have to be prepared to listen for this still small voice and obey it. The more you listen and obey, the more you will recognise this voice. The more you step out the more you receive.

The more you "practise" the more easily you will hear the voice of God.



## PRACTICAL INTRODUCTION

Prayer for the Gifts will be led and directed by the Teacher. Divide into groups of four again and wait for further instruction.

## INSTRUCTIONS

When the participants are in groups of four, the Teacher will pray a prayer similar to the following:

"Father, we pray now for the cleansing blood of Jesus to cover every person here tonight. Cleanse each and every one of us by Your Spirit, dear Father, we pray. We also pray for the protection of the blood of Jesus as we lay hands on one another and command any spiritual forces that may not be of You to be totally bound in the Name of Jesus, Amen."

### 1. GIFT OF PROPHECY

(a) The entry point to the gifts can be the gift of prophecy. The Word says we should all prophesy one by one. Remember, prophesying in 1 Corinthians 14:3 is allowing the Lord to speak through us to edify and build up others.

(b) Each person in the group should say something about God. Very mechanically, the Teacher should lead and they repeat after the Teacher "God is here"  
"God loves us"  
"God is good"

(c) Each person should then speak on behalf of God, once again very mechanically, something that they believe God would like to say to the group. Say after the Teacher, "I love you My people", "I am with you My people". This builds confidence.

(d) Each person in the group should then in turn speak again about something that they think God wants to say to the group, even if it comes from their natural mind, but then allow the Holy Spirit to add words. Thoughts or impressions will come into their mind as they begin to reach out and speak out what they think God would like to say to the group. Remember, you may receive a vision. We may start off in the flesh (in the sense that we say something on behalf of the Lord to the group which we think God would like to say) and then the Holy Spirit begins to quicken to us words which He actually wants to say through us. In this way we break down the barrier of fear. (Allow 5 minutes).

### 2. USE OF A PUBLIC TONGUE and 3. INTERPRETATION OF TONGUES INSTRUCTIONS:

(a) One or two persons in each group should be encouraged to speak in turn in their prayer language.

(b) Another person should then speak out in English what they believe the Holy Spirit is saying. It may, of course, not be correct, but remember, we are encouraging people into the gifts and people have to step out first.

(c) This should be done several times in the group to encourage people to speak out something they believe God is saying to the group. As they allow the Holy Spirit to quicken thoughts or impressions, suddenly they will find they are coming into what the Holy Spirit is seeking to say through them. Remember, interpretation of tongues is not a translation, but an interpretation. (Allow 5 minutes).

#### **4. WORD OF KNOWLEDGE**

##### **INSTRUCTIONS:**

(a) We should now be ready to allow God to give us thoughts and impressions concerning other people in the group. This does not relate to a specific person but to any person in the group e.g., it may be that some person has some form of sickness or a particular concern or is in a difficult situation.

(b) Pray in silence for one minute to allow the Holy Spirit to reveal a concern or situation affecting a person in the group or even a person related to them, for example a husband or wife or father or mother. As soon as you believe you have received a word, speak out. Do not be bound with fear.

(c) As these words of prophecy are spoken out, the person whom they concern should confirm it is them.

(d) Do not pray at this point for that person. (Allow 5 minutes)

#### **5. DISCERNMENT OF SPIRITS**

##### **INSTRUCTIONS:**

(a) Each person should now reach out for the Holy Spirit to reveal spiritual forces that are attacking people in the group, e.g., fear, loneliness or grief.

(b) As soon as you believe the Holy Spirit has revealed a spiritual force, speak out and say what spirit you believe is discerned.

(c) The person concerned should confirm that it is them, thus encouraging the operation of the gifts. Do not pray for the person at that time. (Allow 5 minutes).

#### **6. THE GIFTS OF HEALINGS**

##### **INSTRUCTIONS:**

(a) Ask for a volunteer in the group who needs prayer for themselves or another person to stand in the middle of the group.

(b) We should have an attitude of love to that person.

(c) They should confess their sins.

(d) Ask the Holy Spirit to fall and wait for the anointing to come.

- (e) Lay hands as directed by the Holy Spirit on the person and pray a simple prayer asking the Lord to heal.
- (f) At this time there may be the discernment of a spirit which is causing the problem and that should be bound and commanded to leave.
- (g) Now pray for situations that have been revealed by word of knowledge and exercise the discerning of spirits. (Allow 5 minutes).

## **7. THE GIFT OF FAITH**

This will begin to flow as the above gifts are being exercised.

### **FINALLY**

Each person should lay hands on one other person and pray a simple prayer prayed by the whole group in unison together, led by the Teacher:

"Dear Heavenly Father, in the name of Jesus Christ, I ask You to bestow upon my brother (sister) such gifts of Your Spirit as You would, to the end that they be established."

Each person should then tell the other what the Holy Spirit is saying to them concerning the other person about the gifts that have been imparted and give any word of encouragement by way of prophecy etc. at that stage.

Close the Session with prayer.

### **HOMEWORK FOR SESSION ONE**

(Salvation, Holy Spirit, Gifts)

(1) Read your Deliverance notes, especially the Occult Checklist in the Appendix of Session Two.

(2) We also have homework which extends over the six-week course:

(a) The first part is to lead a person to salvation. If you never have before, this is the challenge.

(b) The second one is, lead a person in the Baptism with the Holy Spirit.

(c) The third part to encourage a person in the Gifts of the Holy Spirit.

The whole point of these sessions comes down to one thing, and that is winning souls for Jesus. Many a soul winner, when they wake up in the morning their prayer is, "Lord, send someone across my path that I can minister salvation to today."

You don't have to strive about it. If you've never led a person to the Lord before, expect to do so now.

## **SESSION TWO:**

### **HOW TO MINISTER IN DELIVERANCE**

#### **OUR BODY IS INTENDED TO BE THE TEMPLE OF THE HOLY SPIRIT**

1 Corinthians 6:19&20:—

"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's."

The sin that destroys the temple of the Holy Spirit more than any other is sexual immorality (1 Corinthians 6:18).

There is no other sin that destroys the Holy Spirit and that allows the invasion of demon powers more readily than fornication. Demon powers pass from one person to the other during the act of fornication and that is why when people have been involved in such activity and become Christians, they usually need deliverance from the demons of adultery, fornication, lust etc. God has said in His Word that He wants our body to be His temple.

#### **SATAN SEEKS TO INVADE THE BODY OF THE BELIEVER AND THE UNBELIEVER**

Ephesians 6:12:—

"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places."

Satan often attacks the believer, particularly after people come to Jesus Christ and fail to open every area of their being to God. We can liken our heart to a house with a number of rooms. Proverbs 20:30 refers to "inner depths of the heart" literally: "the rooms of the belly". The question is, have we invited Jesus Christ into every room of our heart?

One of the delusions that has invaded Christendom is that a Christian cannot have a demon. Many pastors and other men of God have been troubled by driving, compelling, tormenting forces within them for a period of many years. They have tried to crucify the flesh and yet this force has not left them. Finally, and many times too late, they have discovered it is a demon and that they need deliverance.

We cannot, of course, be possessed by a demon and possessed by the Holy Spirit at the same time. Possession means ownership. The correct terminology for most instances is, "to have a demon".

Thus, where there is an underlying deep sin in a Christian's life and it has never been dealt with, there can be a demon even though they have received the Holy Spirit. So do not be afraid to admit you have a problem and need to be set free. Some people are confused. They say, "How can I be possessed of a demon and possessed of the Holy Spirit". That, of course would be impossible. If we were totally possessed of the Holy Spirit it would mean that every part of our life had been dedicated absolutely to the Lord. If a person was totally possessed by a demon then they would be totally taken over by that demon. We are speaking here of a person having a demon and not being totally possessed.

#### **SATAN HAS DESCENDING ORDERS OF AUTHORITY IN THE HEAVENS**

He is master over his particular kingdom and God has allowed that to continue for His own reasons. Ephesians 6:12 makes it clear that we are fighting against principalities, against

powers, against the rulers of darkness of this world, against spiritual wickedness in high places. This implies a descending order of authority in principalities and powers right down to the demons that walk on the earth.

Satan's kingdom is controlled by fear, God's kingdom is controlled by God's love. We are told in Hebrews 1:14 that angels are sent forth to minister to the believers. Every church should have the protection of angelic beings from God. However, division, dissent, anger, hatred, bitterness and other fleshly manifestations often lead to demonic principalities attacking the church and widening division. We therefore must be aware that we are in spiritual warfare.

### **JESUS HAS SPOILED SATAN'S AUTHORITY**

Colossians 2:15:—

"Having disarmed principalities and powers, He made a public spectacle of them, triumphing over them in it."

Jesus Christ has defeated Satan. The war has been won. We can liken the situation to that of 1944 when the Allies invaded Normandy. Once they had established their beach-heads in Normandy, the war was won, but the battle was not over for a further 14 months or so. Now Jesus, through the work of the Cross, has defeated Satan. The war has been won but the battle is still on.

### **STRONG MEN**

Jesus pointed out that before we can enter a strong man's house and plunder his goods, we must first bind the strong man. Our body is intended to be the temple of the Holy Spirit and in the deliverance ministry it is necessary to ascertain the name of the strong man which is holding the person in bondage in order to bind him and thus clean out the house.

Matthew 12:29:—

"Or how can one enter a strong man's house and plunder his goods, unless he first binds the strong man? And then he will plunder his house."

1 Corinthians 9:26:—

"Therefore I run thus: not with uncertainty. Thus I fight: not as one who beats the air."

Paul knew exactly who was his enemy. We all know it is Satan, but we also need to understand the strong men who are under Satan's authority.

There are three particular strong men referred to in Scripture. We of course understand that, in the Spirit, there is neither man nor woman, male nor female, and the term "strong men" can refer to either male or female in the Spirit.

These strong men are:

#### **1. THE SPIRIT OF JEZEBEL**

(a) Established idolatry:

1 Kings 16:30-33:—

"Now Ahab the son of Omri did evil in the sight of the LORD, more than all who were before him. And it came to pass, as though it had been a trivial thing for him to walk

44

in the sins of Jeroboam the son of Nebat, that he took as wife Jezebel the daughter of Ethbaal, king of the Sidonians; and he went and served Baal and worshiped him. Then he set up an altar for Baal in the temple of Baal, which he had built in Samaria. And Ahab made a wooden image. Ahab did more to provoke the LORD God of Israel to anger than all the kings of Israel who were before him."

Spirit of Jezebel means the mother-child religion.

Schizophrenia is a Jezebelic tribulation which abounds today. The Bible calls this condition double-mindedness which literally means having two souls.

James 1 :8:-

"he is a double-minded man, unstable in all his ways."

Frequently in a mother-child combination this position occurs. The child has an alternate personality. The false person is weak and insecure. When the father is passive and the mother is dominant this can occur.

(b) The spirit of Jezebel works with the spirit of Ahab who was weak-minded .

1 Kings 21 :4:-

"So Ahab went into his house sullen and displeased because of the word which Naboth the Jezreelite had spoken to him; for he had said, "I will not give you the inheritance of my fathers." And he lay down on his bed, and turned away his face, and would eat no food."

He was the tool of his wife, Jezebel. 1 Kings 21:7:-

"Then Jezebel his wife said to him, "You now exercise authority over Israel! Arise, eat food, and let your heart be cheerful; I will give you the vineyard of Naboth the Jezreelite."

1 Kings 21:25:-

"But there was no one like Ahab who sold himself to do wickedness in the sight of the LORD, because Jezebel his wife stirred him up.

(c) Jezebelic men often submit to their wives and let them take the responsibility of being prophet, priest and king over the home. They want their wives to mother them. This is the practical expression of the feminisation of God.

(d) Isaiah 47 indicates that the spirit of Jezebel is responsible for:

(i) Senility in old age

Isaiah 47:6:-

"I was angry with My people; I have profaned My inheritance, and given them into your hand. You showed them no mercy; On the elderly you laid your yoke very heavily."

(ii) Drug abuse

Isaiah 47:9:—

"But these two things shall come to you in a moment, in one day: the loss of children, and widowhood. They shall come upon you in their fullness, because of the multitude of your sorceries, for the great abundance of your enchantments."

(iii) Occult worship and witchcraft (See Scripture above)

(iv) Illicit sexual sins.

Isaiah 47:8:—

"Therefore hear this now, you who are given to pleasures, who dwell securely, who say in your heart, I am, and there is no one else besides me; I shall not sit as a widow, nor shall I know the loss of children'."

(v) Terror

Isaiah 47:12 (NIV):—

"Keep on, then, with your magic spells and with your many sorceries which you have laboured at since childhood. Perhaps you will succeed, perhaps you will cause terror."

We often find that because of shock or trauma, a spirit of tenor has entered a person at a young age. This is the child, so to speak, of the spirit of Jezebel. We then have the perfect

combination of the mother-child spirit which is intended to be the satanic copy of the Virgin mother and Jesus.

We often have to cast out the spirit of a six year old child or seven year old child which is in an adult as a result of trauma or shock.

(vi) Astrology

Isaiah 47:13:—

"You are wearied in the multitude of your counsels; let now the astrologers, the stargazers, and the monthly prognosticators stand up and save you from what shall come upon you."

(e) The ruling spirit below Jezebel is DECEPTION.

NOTE: The four downward steps in our slide away from God are: pride, rebellion, deception and perversion.

(f) Spirits under Jezebel:

We suggest that some of these are:

Addictions, adultery, arrogance, broken marriages, charms, deception, divination, domination, drugs, fear, feminism, filthiness (of the spirit and of the flesh), fornication, free love, frigidity, hatred, harlotry, heresies, homosexuality, idolatry, incest and indecency (this comes as a result of a curse from a previous generation involved in idolatry), jealousy, lasciviousness, lust, unclean thoughts, masturbation, occultic things, perverted sexual acts, oral sex, false religion and heresies (e.g. Mormonism, Jehovah's Witnesses, Herbert Armstrong, Children of God), pride, sorcery, spiritism, spiritual blindness (e.g. Freemasonry); spirit of religion, witchcraft (i.e. domination), lying, blasphemy, covetousness, humanism.

## **2. ANTICHRIST**

The Antichrist spirit is referred to in Thessalonians: 2 Thessalonians 2:3-4:-

"Let no one deceive you by any means; for that Day will not come unless the falling away comes first, and the man of sin is revealed, the son of perdition, who opposes and exalts himself above all that is called God or that is worshiped so that he sits as God in the temple of God, showing himself that he is God."

The primary manifestations of Antichrist are rebellion and lawlessness. Groupings of spirits under this spirit are often as follows:

Spirits of abortion, anger, bitterness, blasphemy, corrupt communications, curses, dissension, drunkenness, envy or hatred, fear, filthy language, frigidity, lack of faith, lying, malice, murder, nightmares, outbursts of wrath, poverty, rebellion, spirits of wretchedness, rejection, selfish ambitions, stealing, strife, torment, unbelief, unforgiveness.

Manifestations: Sleepiness, yawning, various kinds of infirmity that respond slowly to prayer.

## **3. DEATH AND HELL**

The dark angels of Death and Hell are referred to in Revelation. Revelation: 6:8:-

"And I looked, and behold, a pale horse. And the name of him who sat on it was Death, and Hades followed with him. And power was given to them over a fourth of the earth, to kill with sword, with hunger, with death, and by the beasts of the earth."

Revelation 20:13:-

"The sea gave up the dead who were in it, and Death and Hades delivered up the dead who were in them. And they were judged, each one according to his works."

These dark spirits are often behind such curses as frequent accidents, succession of deaths in families, sickness, pain, plagues on Christians, breathing problems, guilt, condemnation.

#### **4. CONTROL SPIRIT**

Apart from the above strong men, many people have a control spirit which will deny the truth. This is brought about by a person going through a trauma, then putting up a shield to protect themselves from the memory of it and this subsequently becomes a demonic shield which is intended to bring calmness.

Often this control spirit has to be cast out before we see any manifestations of other demonic power below it.

#### **5. HOW TO DEAL WITH THESE SPIRITS:**

I recommend cutting the cords existing between the "unholy trinity" in the heavens, i.e., Jezebel, Antichrist and Death and Hell and any kingdom they are endeavouring to establish within the person being ministered to.

We can do this by passing our hands over the head of the person we are praying for in faith and cutting any unseen spiritual cords which exist between that person and the heavenlies. This can cut such things as the powers behind ritualistic sexual abuse etc.

In order to deliver the person from the spirits within them of Jezebel, Antichrist and Death and Hell, we can be led by the Holy Spirit to pass our hand in faith over the person's forehead or base of spine or in front of their navel and thus cut off the spirits actually within them. We can command those spirits to leave in the order of Jezebel, Antichrist and Death and Hell.

It is noteworthy that in Revelation these three spirits are cast into the lake of fire and brimstone in the above order.

Revelation 18:7-8:-

"In the measure that she glorified herself and lived luxuriously, in the same measure give her torment and sorrow; for she says in her heart, 'I sit as queen, and am no widow, and will not see sorrow.' Therefore her plagues will come in one day - death and mourning and famine. And she will be utterly burned with fire, for strong is the Lord God who judges her."

Revelation 19:20:-

"Then the beast was captured, and with him the false prophet who worked signs in his presence, by which he deceived those who received the mark of the beast and those who worshiped his image. These two were cast into the lake of fire burning with brimstone."

Revelation 20: 14:-

"Then Death and Hades were cast alive into the lake of fire. This is the second death."

We must remember to deal with any children of Jezebel, e.g. the child of terror or any other spirits which can manifest.

Sometimes we can ask the demon, "Who is your master?" and then bind that master in the name of Jesus and forbid it to hold any demons under its control any longer.

Cut any ungodly soul ties that exist between one person and another, e.g. previous sexual partners or another person who has dominated the candidate in an ungodly manner. Always listen to what the Holy Spirit is saying to you as to how to pray.

Be persistent and follow by the gifts of word of knowledge, and discerning of spirits through the network of demons to the principal strong man. As you go on, cast out each set of demons until you arrive at the strong man. Then cast it out.



## **DESCRIPTION OF DEMONS**

Demons are spirits without bodies. Angels usually have bodies but demons do not.

Matthew 12:43-45:-

"When an unclean spirit goes out of a man, he goes through dry places, seeking rest, and finds none. Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order. Then he goes and takes with him seven other spirits more wicked than himself, and they enter and dwell there; and the last state of that man is worse than the first. So shall it also be with this wicked generation."

Genesis 19:1-2:-

"Now the two angels came to Sodom in the evening, and Lot was sitting in the gate of Sodom. When Lot saw them, he rose to meet them, and he bowed himself with his face toward the ground. And he said, 'Here now, my lords, please turn in to your servant's house and spend the night, and wash your feet; then you may rise early and go on your way.' And they said, 'No, but we will spend the night in the open square.'"

Thus a demon is seeking a home in which to live.

### **Demons have personalities, e.g.:**

#### **1. They have a WILL**

Matthew 12:44:-

"Then he says, 'I will return to my house from which I came.' And when he comes, he finds it empty, swept, and put in order."

Mark 5:11-13:-

"Now a large herd of swine was feeding there near the mountains. So all the demons begged Him, saying, 'Send us to the swine, that we may enter them.' And at once Jesus gave them permission. Then the unclean spirits went out and entered the swine (there were about two thousand); and the herd ran violently down the steep place into the sea, and drowned in the sea."

#### **2. They have EMOTIONS**

James 2:19:-

"You believe that there is one God. You do well. Even the demons believe - and tremble!"  
We frequently find in a deliverance session that the person's body trembles violently as the demon realises it must go.

#### **3. They have KNOWLEDGE**

Mark 1:23-24:-

"Now there was a man in their synagogue with an unclean spirit. And he cried out, saying, 'Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are- the Holy One of God!'"

#### **4. They have SELF-AWARENESS**

Mark 5:9:-

"Then He asked him 'What is your name?' And he answered, saying, 'My name is Legion, for we are many.'"

We find today that demons will often name themselves when commanded to do so.

#### **5. They have a CONSCIENCE too seared to respond to the Gospel**

1 Timothy 4:2:-

"speaking lies in hypocrisy, having their own conscience seared with a hot iron,..."

## **6. They have ABILITY TO SPEAK**

Mark 1:24:-

"saying, 'Let us alone! What have we to do with You, Jesus of Nazareth? Did You come to destroy us? I know who You are - the Holy One of God!'"

## **HOW DEMONS ACT**

### **1. They ENTICE**

James 1:14:-

"But each one is tempted when he is drawn away by his own desires and enticed."

Jesus said that "whosoever looks at a woman to lust after her has already committed adultery with her in his heart." Matthew 5:28. What is happening is that as a man looks on a woman with lust or vice versa, that person is sinning and that opens the door to lust. As the lust grows it can become demonic. That is why we must be careful what we look upon with our eyes and what we hear with our ears.

### **2. They DECEIVE**

1 Timothy 4:1-2:-

"Now the Spirit expressly says that in latter times some will depart from the faith, giving heed to deceiving spirits and doctrines of demons, speaking lies in hypocrisy, having their own conscience seared with a hot iron."

Today we have many Eastern religions which are doctrines of demons. Even some religions such as Mormonism deny that Jesus Christ is the only begotten Son of God, saying that He is a created being, the brother of Satan.

### **3. They ENSLAVE**

Romans 8:15:—

"For you did not receive the spirit of bondage again to fear, but you received the Spirit of adoption by whom we cry out, 'Abba, Father'."

When we are born again, we become sons and daughters of God by adoption through Jesus Christ. We do not receive the spirit of bondage again to fear. We come out of captivity from Satan. (Luke 4:18)

### **4. They TORTURE**

2 Timothy 1 :7:—

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

### **5. They DRIVE AND COMPEL**

Luke 8:29:-

"For He had commanded the unclean spirit to come out of the man. For it had often seized him, and he was kept under guard, bound with chains and shackles; and he broke the bonds and was driven by the demon into the wilderness."

Thus we see that the man was driven and compelled by the demonic power. This is one of the major manifestations of demonic activity within people.

## **6. They DEFILE**

Titus 1: 15:—

"To the pure all things are pure, but to those who are defiled and unbelieving nothing is pure; but even their mind and conscience are defiled."

There are four downward steps, namely pride, rebellion, deception, perversion both of the flesh and of the spirit.

## **7. Demons fight against our peace**

(a) Against our PERSONAL HARMONY

(b) Against our PEACE OF MIND

(c) Against our PHYSICAL WELL-BEING

(d) They cause DISRUPTION with other people, especially those close to us and fellow Christians.

## **8. The great distinctive mark is RESTLESSNESS**

People with demons are continually unsettled and have no peace. Jesus gives peace.

### **HOW DEMONS ENTER**

1. Through our own sin, e.g. idolatry, rebellion

Exodus 20:5; 1 Samuel 15:23; Romans 1:28-31; Ephesians 4:17-19; Ephesians 4:25-28.

2. Through the sin of our ancestors, e.g., idolatry

Exodus 20:1-5

Examples: Rejection, spirits of grief, spirit of memories. Effect of hereditary bondages:

Example of boy born totally deaf, word of knowledge that it was the result of the mother's involvement in fortune telling. The mother confessed she had been extensively involved in fortune telling. She repented and the boy was healed.

3. Domination of one person by another, e.g. spirit of Jezebel.

4. Through our mind-through our thought-life fantasy.

5. Touching dead bodies. Numbers 19:11

6. Shock. 1 Samuel 25:36-37

7. Grief.

8. Accidents.

9. Marriage breakdowns

10. Soul ties

11. Transference:

(a) Moving with people who are not Christians.

- (b) Movies, television, music, magazines.
  - (c) Alcoholism.
  - (d) Transference of spirits in a church.
  - (e) Scattered souls , Proverbs 6:27-29.
  - (f) Sexual intercourse, child molestation.
  - (g) Satanically inspired music.
12. Entry of witchcraft through feet and womb.
  13. Unforgiveness. Matthew 18:21-35.
  14. Rejection. Can occur at conception, in mother's womb, baby not bonded, adopted child, hereditary rejection, practices in the family home, caused by peers, self rejection.
  15. Spirits of tradition, pride and prejudice and religion Encumbrances of tradition. Doctrinal obsessions, legalism, personal prejudices, denominational spirits.
  16. Occult. Deuteronomy 18:9-14; Deuteronomy 7:26. Psalm 139:21-22; Acts 19:17-19. Familiar spirits affecting families. Influences of witchcraft: Abnormal fears especially in the dark, disturbing dreams, hatred of being left alone, spirits of Antichrist.
  17. Ethnic traditions, culture and environment, e.g. Japanese ancestor worship, religious spirits.
  18. False religions: Teachings which deny John 10:9: Ephesians 2:18; 1 Corinthians 15:3-4.
  19. Heresies: 1 Timothy 4:1-2; 2 Peter 2:1; 1 John 2:18-22; 1 John 4:1-3.
  20. Curses: Self-imposed, relational, by witch-doctors etc, by unscriptural covenants.
  21. Watching people die, especially after nursing them.
  22. Habits, e.g. masturbation, smoking.

## **CURSES**

### **1. CURSES CAN BE A PRIME ENTRY POINT OF DEMONIC ACTIVITY.**

Proverbs 26:2:—

"Like a flitting sparrow, like a flying swallow, so a curse without cause shall not alight."

### **2. INDICATIONS OF CURSES**

- (a) Mental, emotional and physical breakdowns.
- (b) Constant sickness, especially hereditary sickness.
- (c) Marriage breakdowns and family splits.
- (d) Continuous poverty.
- (e) Being accident prone.

(f) Barrenness deaths in families.

### **3. ENTRY POINTS OF CURSES**

(a) Persons with relational authority, e.g., husband over wife or parents over children.

Example: "You can't cook "; "You 're no good"; "You're useless"; "You 're a failure"; "You will never be any good".

(b) Self- imposed curses: "I will never be any good"; I will never forgive myself"; God doesn't love me" etc.

(c) Curses brought on by unscriptural covenants, e.g.. being unequally yoked together with unbelievers: 2 Corinthians 6:14:—

"Do not be unequally yoked together with unbelievers."

(d) Curses brought on by the servants of Satan, e.g. witch-doctors, medicine men, tohungas.

(e) Curses brought on by disobedience to God's commandments as follows:

Having false gods (Exodus 20:3-4; Deuteronomy 27:15) Disrespect for parents (Deuteronomy 27:16) Treachery against a neighbour. (Deuteronomy 27:17) Injustice to the weak.

(Deuteronomy 27:18-19)

Illicit sex. (Deuteronomy 27:20-23) (Effect of wrong sexual relationship, particularly those outside of marriage or with members of ones family.)

Perjury. (Deuteronomy 27:25)

Stealing (Zechariah 5:1-4)

Stinginess towards God. (Malachi 3:9)

Perverting the gospel (Galatians 1:8-9)

Depending on the flesh. (Jeremiah 17:5) Anti-Semitism. (Genesis 12:3; Genesis 28:3-14)

### **4. OTHER REASONS FOR CURSES:**

(a) Objects in homes.

(Deuteronomy 7:26) We are to have no abominable thing our home. This can cause children to be disturbed.

(b) Soul ties

These are soul ties which are contrary to God's purposes.E.g., in adultery, fornication (especially past sexual relationships). Ungodly soul ties can bring spiritual sickness.

1 Corinthians 6:18:—

"Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body."

Examples of wrongful sex are as follows: Pre-marital sex

Trial marriages

Lesbianism

Bestiality

Sexual abuse

Perverted sex

Homosexuality

Oral sex

Pornography and fantasy Transvestism

Consequences:

(i) Establishment of soul ties and bondings in the flesh other than with God's intended partner.

(ii) Guilt and condemnation.

(iii) Demonisation

(iv) Emotional disturbance

What is sexual abuse?

Uninvited caressing

Uninvited handling of the sexual areas

Anal handling

Masturbation in front of a person Forced oral sex

Forced mutual masturbation Forced intercourse and rape Bestiality

Ritualistic sex

Incest

All of these cause fear, confusion, deception.

Long term problems:

(i) Confusion of one's identity, sexuality, physical position and emotional situation.

(ii) Causes regression and repression of memories. Causes fantasy.

(iii) Breaking of trust.

(iv) Causes rebellion including self rejection, fear of rejection and anger.

(v) Causes guilt and fear

(vi) Causes inability to respond to love

(vii) Causes desire to die.

(viii) Causes physical illness.

(ix) Causes damage to the spirit.

Also domination by one person over another, e.g. where a father dominates or sexually abuses his daughter.

### **TO BE DELIVERED WE MUST:**

(a) Humble ourselves

(b) Be completely honest

(c) Confess our sins

(d) Repent

(e) Forgive

(f) Call on the Name of the Lord Jesus

(g) Submit to prayer ministry of others

### **THE MINISTER**

The person ministering must know his authority in Jesus Christ. Matthew 28:18:—

"Then Jesus came and spoke to them, saying, "All authority has been given to Me in heaven and on earth'."

Mark 16:17:-

"And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues."

### **WHY PEOPLE ARE NOT DELIVERED**

#### **1. THEY DO NOT REPENT OF THEIR SIN.**

1 John 1:8:-

"If we say that we have no sin, we deceive ourselves, and the truth is not in us."

#### **2. THEY FAIL TO CONFESS THEIR SINS,** especially adultery, sexual immorality and

deliberate unnecessary abortion.

1 John 1:9:-

"If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

James 5:16:-

"Confess your trespasses to one another and pray for one another, that you may be healed."

\*James 5:6:-

"You have condemned, you have murdered the just; he does not resist you."

### **3. THEY FAIL TO FORGIVE**

Mark 11:25-26:-

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses. But if you do not forgive, neither will your Father in heaven forgive your trespasses."

### **4. THEY FAIL TO BREAK WITH THE OCCULT**

Acts 19:14-19:-

"Also there were seven sons of Sceva, a Jewish chief priest, who did so. And the evil spirit answered and said, 'Jesus I know, and Paul I know; but who are you? Then the man in whom the evil spirit was leaped on them, overpowered them, and prevailed against them, so that they fled out of the house naked and wounded, This became known both to all Jews and Greeks dwelling in Ephesus; and fear fell on them all, and the name of the Lord Jesus was magnified. And many who had believed came confessing and telling their deeds. Also, many of those who had practised magic brought their books together and burned them in the sight of all."

### **5. THEY DO NOT ACCEPT THEIR POSITION IN CHRIST AND BE MADE WHOLE THROUGH THE CROSS.**

Need to die to self. Need to submit to God and resist the devil. James 4:7:-

"Therefore submit to God. Resist the devil and he will flee from you."

### **TO KEEP OUR DELIVERANCE WE MUST:**

1. Totally yield to Jesus Christ in every area of our life, making Him Lord of every area.
2. Be always filled with the Holy Spirit .
3. Believe and live by the Word of God.
4. Put on the full armour of God.

Ephesians 6:13-18:-

"Therefore take up the whole armour of God, that you may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having girded your waist with truth, having put on the breastplate of righteous - having shod your feet with the preparation of the gospel of peace; above all, taking the shield of faith with which you will be able to quench all the fiery darts of the wicked one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God; praying always with all prayer and supplication in the Spirit,

being watchful to this end with all perseverance and supplication for all the saints..."

5. Fellowship with Christians.

6. Have the right relationship with people.

7. Make Jesus the centre of every part of our lives.

After people have been prayed for to be delivered, they may need further ministry and counsel in order to retain and complete their deliverance. It is vital that they be encouraged to read the Word of God, to pray regularly and to lead a life pleasing to God. We need to daily yield our life to God, laying down our lives for Jesus Christ, seeking His face, reading the Word of God and being filled with the Holy Spirit.

### **METHODS OF DELIVERANCE**

1. We can use our prayer language, i.e. gift of tongues.

2. We can use the Word of God. We should be prepared to quote such Scriptures as John 3:16 and other Scriptures to encourage the believer and take our stand against the demonic power.

3. Anoint with oil.

4. Praise God. When we praise God from our hearts, a tremendous anointing always falls upon us.

5. Use authority of the Word of God to command the spirit.

6. Know the anointing of the Holy Spirit.

7. Listen to what the Holy Spirit is telling us as to how we should pray.

8. We should minister God's acceptance to a person.

Ephesians 1 :6:—

"to the praise of the glory of His grace, by which He has made us accepted in the Beloved."

9. Sometimes fasting is required.

10. It is good to breathe in the Holy Spirit and breathe out the spirit of affliction.

11. There must be a renouncing of sin and unbelief.

12. We can call on the name of Jesus.

Acts 2:21 :-

"...whoever calls on the name of the Lord shall be saved (delivered)."

13. We can agree, and bind and loose the spirits.



Matthew 18: 18- 19:—

"Assuredly, I say to you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven. Again I say to you that if two of you agree on earth concerning anything that they ask, it will be done for them by My Father in heaven."

14. We should invoke the protection of the power of the blood of the Lord Jesus Christ. Use the blood Scriptures (following).

15. The person must assert their will.

Be always aware of the necessity to ensure that the principal demon has left. The person being delivered will know whether they are fully set free. If the demons seek to return to the person after deliverance, remind the person

James 4:7:—

"Therefore submit to God. Resist the devil and he will flee from you."

### **PRACTICAL**

1. Ask everybody to stand and say the words, "I plead the protection of the blood of Jesus Christ."

Everyone then say out loud together the following:

### **THE BLOOD SCRIPTURES**

Psalm 107:2:-

"Let the redeemed of the LORD say so, whom He hath redeemed from the hand of the enemy."

Ephesians 1: 7:-

"In Him we have redemption through His blood, the forgiveness of sins, according to the riches of His grace."

**THROUGH THE BLOOD OF JESUS I AM REDEEMED OUT OF THE HAND OF THE DEVIL. THROUGH THE BLOOD OF JESUS ALL MY SINS ARE FORGIVEN.**

1 John 1:7:-

"But if we walk in the light as He is in the light, we have fellowship with one another, and the blood of Jesus Christ His Son cleanses us from all sin."

**THE BLOOD OF JESUS CHRIST, GOD'S SON, IS CLEANSING ME NOW AND CONTINUALLY FROM ALL SIN.**

Romans 5:9:-

"Much more then, having now been justified by His blood, we shall be saved from wrath through Him."

**THROUGH THE BLOOD OF JESUS I AM JUSTIFIED, MADE RIGHTEOUS, JUST AS THOUGH I HAD NEVER SINNED.**

Hebrews 13:12:-

"Therefore Jesus also, that He might sanctify the people with His own blood, suffered outside the gate."

**THROUGH THE BLOOD OF JESUS I AM SANCTIFIED, MADE HOLY, SET APART TO GOD.**

1 Corinthians 6:19&20:-

"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own?"

**MY BODY IS A TEMPLE OF THE HOLY SPIRIT. I AM REDEEMED, CLEANSED, SANCTIFIED BY THE BLOOD OF JESUS. THEREFORE THE DEVIL HAS NO MORE PLACE IN ME AND NO MORE POWER OVER ME.**

**THROUGH THE BLOOD OF JESUS I OVERCOME SATAN BY THE BLOOD OF THE LAMB AND THE WORD OF MY TESTIMONY.**

(1 Revelation 12:11)

Remember...

To be delivered:

- (1) Confess the spirit in the name of Jesus.
- (2) Renounce the spirit in the name of Jesus.
- (3) Forgive others.
- (4) Call on the name of Jesus.

Invite everyone to be seated.

## **2. OCCULT**

- (a) Everybody should have already been through the Occult Checklist (Appendix 1 and 2, pages 66-69) and ticked anything that they have been involved in relating to the occult, non-Christian religions, or cults.
- (b) Ask those who have been in the occult to come forward and ask others to stand with them in order to pray for them.
- (c) Those seeking deliverance from the occult should say the prayer in regard to the occult (see prayer 1, following).
- (d) The people praying and standing with those being prayed for should command the demons to go.

## **3. SOULISH TIES**

- (a) Ask those to come forward who know that they still have soulish ties, that is they sense there is still some tie between them and some other person with whom they have had a previous relationship. This includes cases where men or women still feel under the domination of their mother or father.
- (b) Ask others to stand with them to pray for them.
- (c) Pray the general prayer for deliverance from soul ties (see prayer 2, following).
- (d) Get the people who are standing with those who need deliverance to cut the soulish ties around the people. Show them how to do this with a motion across the front of the body and across the head.

(e) The people praying with those needing deliverance should command the demons to go.

#### **4. INNER VOWS**

(a) Ask those who know that they have made inner vows from which they need release to come forward and ask others to stand with them to pray for them again.

(b) Say the prayer and get the people to renounce those inner vows and as they do, expect deliverance (see prayer 3, following).

(c) Those praying with the persons coming forward should command the demons to go.

#### **5. PRONOUNCEMENTS AND CURSES**

(a) Ask those who feel that they have had pronouncements or curses placed upon them to stand and get somebody to stand with them to pray for them.

(b) Say the prayer against pronouncement and curses (see prayer 4, following).

(c) The people standing with the persons being prayed for should command the demons to go.

#### **6. DELIVERANCE FROM DEMONS**

(a) Now ask everyone who feels they need deliverance to come forward, that is if they have something driving, compelling and tormenting them. Get others to stand with them to pray for them. Then say final prayer (see prayer 5, following).

(b) The people standing with those who are being prayed for should command the demons to go.

### **PRAYERS**

#### **1. PRAYER IN REGARD TO THE OCCULT**

"Lord Jesus Christ, I confess You are the only Son of God, that You died on the Cross for my sins and rose again. In Your name I now renounce all contact with the occult and in particular I renounce the following involvements in the occult I receive Your forgiveness. Thank You Heavenly Father for delivering me in the name of Your Son, Jesus Christ."

#### **2. PRAYER FOR DELIVERANCE FROM SOUL TIES:**

"Dear Heavenly Father, as I come to You in the name of Jesus Christ in the authority that is in that name, I break every soul tie affecting my body, soul or spirit, which has existed between myself and (name the individual). In the name of Jesus Christ, I specifically speak to every demonic power that has taken advantage of that link and I tell it that it has no rights here and it must leave now without going into any other member of my family. Thank You Lord Jesus that through Your shed blood and through Your wonderful name, I am able to be absolutely free. Thank You Lord."

#### **3. PRAYER AGAINST INNER VOWS:**

"In the name of Jesus Christ, I specifically renounce all vows which I have made, knowingly or unknowingly, against myself. I specifically renounce (name those vows which you have made and which you know to be wrong). I ask You to totally cleanse me and set me free from the results of those vows and I thank You for doing it."

#### **4. PRAYER AGAINST PRONOUNCEMENTS AND CURSES:**

"Lord Jesus Christ, I confess You are the Son of God and that You died on the Cross for my

sins and rose again. On the cross You took every curse and became a curse for me. I honour my mother and father and forgive them and renounce their sins. I confess my own sins and the sins of my ancestors and I ask Your forgiveness. I forgive others. I forgive them as You forgave me. I forgive myself. Please forgive me, Father, for blaming You for what others may have done to me. I specifically renounce all curses that have been placed upon my life through the words of those who have abused and damaged me. I forgive them and ask You, Lord, to release me from their consequences. I now release myself and those under me from any curse. I declare myself released, I claim it and I thank You Lord".

Through the sacrifice of Jesus Christ on the Cross, I have been redeemed from the curse of the law and I have entered into the blessing of Abraham whom God blessed in all things. Thank You Father God."

## **5. PRAYER FOR DELIVERANCE FROM DEMONS**

Dear Heavenly father, I come to You in the name of Jesus Christ. I thank You Lord for Your love for me, I confess that Jesus Christ is my Lord and my Saviour and that He died on the Cross and rose again from the dead.

I believe that through the blood of Jesus Christ I have been redeemed from the hand of the devil. I believe that through the blood of Jesus Christ all my sins have been forgiven. I believe that through the blood of Jesus Christ I have been sanctified, made holy to God. I believe that through the blood of Jesus Christ I have been justified just as if I had never sinned.

I now confess all my sins. I confess that in my own strength I have been unable to defeat the attacks of the enemy. I specifically renounce the following sexual sins confess I have been wrong. I renounce all pleasure connected with these sins. I now turn from my sin. I ask You, Father, to forgive me all that is past and give me discernment when the temptation arises and the strength to resist it. I ask You to heal my memories and to heal the hurts and forgive me in Jesus name.

I also specifically renounce any other sins such as rejection, unforgiveness. I especially forgive the following persons I specifically honour my parents and I forgive them. I renounce my own sins and the sins of my ancestors in the name of Jesus Christ. I especially renounce all idolatry, witchcraft and everything of the occult and all the hidden things of darkness. I call upon You, Lord Jesus, to set me free from every demonic power that has affected me. Lord, I now renounce Satan and all his works. I hate his demons. I count them my enemies in the name of Jesus. I loose myself from every dark spirit, from every evil influence, from every satanic bondage, from any spirit in me that is not the Spirit of God. I command all such spirits to leave me now in the name of Jesus.

I call upon You, Lord Jesus, to set me free from every demonic power that has affected me. In the name of Jesus Christ, Risen Saviour, I command every demonic power that has lived within me or oppressed me to leave me now in the name of Jesus Christ. I declare that I am a child of the Living God and that Satan has no right to inhabit any part of me or to oppress me. I thank You Lord Jesus and I give You the glory. Amen."

## **CONTINUING WITH THE LORD**

1. Pray that the Holy Spirit will fill every area of the person's life.
2. Give as much love and encouragement as is necessary and the person can receive.
3. Assure the person that where deliverance has taken place, they need not fear the enemy if they walk properly with God.
4. Encourage the person to:

- (a) Be continuously filled with the Holy Spirit.
  - (b) Read the Word of God daily.
  - (c) Wear the armour of God at all times.
  - (d) Be on their guard against the enemy's counter attacks.
  - (e) Be in good fellowship with other Christians.
  - (f) Walk continuously in forgiveness.
  - (g) Praise God in all circumstances.
  - (h) Keep the right company.
5. Encourage people to:
- (a) Be fully rehabilitated in their emotional responses
  - (b) Present themselves properly, e.g. in dress
  - (c) Continue to re-learn right relationships with others.
  - (d) Avoid long-term dependency on others.
6. (a) Acknowledge the truth of Ephesians 1:6, i.e. we are accepted in the Beloved.  
(b) Break free from any feeling of being cursed or being an abuse victim.
7. Walk in the power of the Holy Spirit, i.e. in the fruit of the Holy Spirit: love, joy, peace, long-suffering, gentleness, goodness, faithfulness, meekness and temperance.

Close in prayer

## **APPENDIX 1: OCCULT CHECKLIST**

Possible Demonic Entry Points:

Abstract art (under hallucinogenic stimulus)

Acupuncture

Amulets (tigers claw, sharks tooth, horseshoe over door, mascots, talisman (magic picture))

Ankh (a cross with a ring top used in satanic rites)

Apparitions — occultic Astral travel

Astrology

Augury (interpreting omens)

Automatic writing Birth signs

Black arts

Black magic (involving hidden powers for bad ends)

Black mass

Blood subscriptions (pacts)

Cartomancy (using playing cards)

Chain letters

Charming or enchanting (attempts to use spirit power)

Charms and charming for wart removal

Chinese astrology

Clairaudience (ability to hear voices and sounds super-normally — spirited voices alleging to be those of dead people giving advice or warnings)

Clairsentience (supernatural sense perception)

Clairvoyance (ability to see objects or events spontaneously or supernormally above their normal range of vision — second sight) Colour therapy

Concept therapy

Conjuration (summoning up a spirit by incantation)

Coven (a community of witches)

Crystal ball gazing Crystals

Death magic (where the name of the sickness plus a written spell is cast into coffin or grave)

Demon worship Disembodied spirits

Divining rod or twig or pendulum (Hosea 4:12)

Dowsing or witching for water, minerals, under-ground cables,

finding out the sex of unborn child using divining rod, pendulum, twig or planchette

Dream interpretation (as with Edgar Cayce books)

Dungeons and dragons

Eastern meditation/religious — Gurus, Mantras, Yoga, Temples etc Ectoplasm (unknown substance from body of a medium)

Enchanting

E.S.P. (extra sensory perception)

Findhorn Community Floating trumpets Fortune telling

Gothic rock music Gurus

Gypsy curses

Hallucinogenic drugs (cocaine, heroin, marijuana, sniffing glue etc) Handwriting analysis (for fortune telling)

Hallucinogenic drugs (cocaine, heroin, marijuana, sniffing glue etc) Handwriting analysis (for fortune telling)

Hard rock music

Heavy metal music  
Hepatoscopy (examination of liver for interpretation)  
Hex signs (hexagrams)  
Horoscopes  
Hydromancy (divination by viewing images in water)  
Hypnosis  
Idols  
Incantations  
Iridology (eye diagnosis)  
Japanese flower arranging (sun worship)  
Jonathan Livingstone Seagull (Reincarnation, Hinduism)  
Kabbala (Occult Lore)  
Karma  
Levitation  
Lucky charms or signs of the Zodiac or birthstones  
Magic (not sleight of hand but use of supernatural power) Mantras  
Martial arts (Aikido, Judo, Karate, Kung fu, Tae Kwan Do etc) Matthew Manning  
Mediums  
Mental suggestion  
Mental telepathy  
Mental therapy  
Mesmerism  
Metaphysics (study of spirit world)  
Mind control  
Mind Dynamics  
Mind mediumship  
Mind reading  
Moon-mancy  
Motorskopua (mechanical pendulum for diagnosing illness) Mysticism  
Necromancy (conjuring up spirits of the dead)  
Numerical symbolism  
Numerology  
Occultic games  
Occult letters of protection  
Occult literature, eg The Greater World, The 6th & 7th Book of Moses, The Other side, The book of Venus, Pseudo-Christian works of Jacob Lorber, works by Edgar Cayce, Aleister Crowley, Jean Dixon, Levi Dowling, Arthur Ford (The Overt Worship of Spirit Beings), Johann Greber, Andrew Jackson Davis, Anton Le Vay, Ruth Montgomery, John Newborough, Eric Von Daniken, Dennis Wheatley.  
\* Such books should be burned, regardless of cost.  
Omens  
Ouija boards  
Pagan fetishes  
Pagan religious objects, artifacts and relics  
Pagan rites (Voodoo, Sing sings, Corroborees, Fire walking, Umbanda, Macumba)  
Palmistry  
Pk (parakineses — control of objects by the power of the mind and will) Parapsychology (PS)

— especially study of demonic activity Pendulum diagnosis  
Phrenology (divining/analysis from the skull)  
Planchette (divining)  
Psychic sight  
Psychography (use of heart shaped board)  
Psychometry (telling fortunes by lifting or holding object belonging  
to the enquirer) Punk rock music  
Pyramidology (mystic powers associated with models of pyramids) Rebirthing  
Reincarnation  
Rhabdomancy (casting sticks into the air for interpreting omens) Satanism  
Seances  
Self hypnosis Significant pagan days  
Silva Mind Control (SMC — Psychorientology)  
Sorcery  
Spells  
Spirit knockings or rappings  
Star signs  
Stichomancy (fortune telling from random reference to books) Stigmata — ie occultic types  
only.  
Superstitions (self or parents or grandparents)  
Table tipping  
Tarot cards (22 picture cards for fortune telling)  
Tea-leaf reading Thought transference  
Tk (telekineses — objects move around room, instruments play, engines start...)  
TM (Transcendental Meditation)  
Trances  
Transmigration Travel of the soul UFO fixation  
Uri Geller  
White magic (invoking hidden powers for "good ends")  
Witchcraft  
Yoga (involves Eastern demon worship)  
Zodiac charms, birthdates  
Zodiac signs

\*Acts 19:19: "Also, many of those who had practiced magic brought their books together and burned them in the sight of all. And they counted up the value of them, and it totaled fifty thousand pieces of silver."

\* Deuteronomy 7:25&26: "You shall burn the carved images of their gods with fire; you shall not covet the silver or gold that is on them, nor take it for yourselves, lest you be snared by it; for it is an abomination to the Lord your God.

Nor shall you bring an abomination into your house, lest you be doomed to destruction like it; but you shall utterly detest it and utterly abhor it, for it is an accursed thing."



## **APPENDIX 2: NON CHRISTIAN RELIGIONS & CULTS**

I Timothy 4: I says: "Now the Spirit expressly says that in latter times some will depart from the faith, giving heed to deceiving spirits and doctrines of demons..."

Ananda Marga Yoga Society, Anthroposophical Society (Eurythmy, Rudolf Steiner, Waldorf Schools); Astara, Bubba Free John; Bahai; Buddhism; Children of God (Family of Love); Christadelphians; Christian Science; Church of the Living Word (John Robert Stevens "The Walk"); Church Universal and Triumphant (Elizabeth Clare Prophet); Confucianism; Divine Light Mission (Guru Maharaj Ji); Druids Lodge; ECKANKAR (Paul Twitchell); Enlightenment (heightened awareness, nirvana, satori, transcendental bliss, god-realisation, expanded consciousness, altered perception of reality, cosmic consciousness etc); Esalen Institute (Michael Murphy); e.s.t. (Erhard Seminar Training); Foundation faith of the Millenium (Robert de Grimston); Foundation of Human Understanding (Roy Masters); Freemasonry; Gurdjieff/Subud/Renaissance (Esoteric Christianity); Hare Krishna; Hinduism (Karma, reincarnation, avatars, Bhagavad-Gita, Yoga, T.M.); Holy Order of MANS; Inner Peace Movement; International Community of the Christ/The Jamilans; Jehovah's Witnesses (Dawn Bible Students); Krisnamurti Foundation of America; Meher Baba (Sufism Reorientated Inc); Mind Sciences; Mormons (Church of the Latter Day Saints); Mukatananda Paramahansa (Siddha Yoga Dham Centres); Neo-Gnosticism; New Age Movement; Nichiren Shoshu/Soka Gakkai (NSA Lotus Sutra); Rastafarianism; Ratanaism; Religious Science; Rev Ike (Frederick Eikeren Koetter); Rev Sun Myung Moon (Moonies, Unification Church); Rosecruicianism (AMORC); Sathya Sai Baba; Scientology (L. Ron Hubbard, Dianetics); Self Realisation Fellowship; Sharmanism; Shintoism; Spiritual Frontiers Fellowship; Spiritualism/Spiritism; Sri Chimnoy; Swami Kriyananda; Swami Rami; Swami Vivekananda (Vedanta Society); Swedenborgianism; Taoism; Theosophy; Urantia; Unity School of Christianity (Charles Myrtle and Lowell Fillmore); World Wide Church of God (Herbert W. Armstrong, "The World Tomorrow", "The Plain Truth"); Yogi Bhajan (Sikh Foundation/3HO Foundation); Zen.

### **RECOMMENDED REFERENCE BOOKS:**

America: The Sorcerer's New Apprentice (Dave Hunt, T.A. McMahan); Demons Defeated (Bill Subritzky);  
Evicting Demonic Squatters & Breaking Bondages (Noel and Phyl Gibson); Healing at Any Price? (Samuel Pfeifer M.D.);  
How to Cast Out Demons and Break Curses (Bill Subritzky); Kingdom Living for the Family (Frank & Ida Mae Hammond); Larson's Book of the Cults (Bob Larson);  
Pigs in the Parlour (Frank & Ida Mae Hammond);  
Psychic Forces and Occult Shock (Wilson & Weldon).

## **HOMEWORK FOR SESSION TWO (DELIVERANCE)**

Revision of first two sessions

### **1. HAVE YOU FOUND ANY BLOCKAGES WHEN MINISTERING IN:**

- (a) Salvation
- (b) Baptism with the Holy Spirit
- (c) Gifts of the Holy Spirit
- (d) Deliverance

### **WHY ARE PEOPLE NOT DELIVERED?**

Read from notes on Deliverance under this heading.

**HOW TO KEEP YOUR DELIVERANCE?** This is set out in your notes on Deliverance.

### **WAS ANYTHING MANIFESTED TONIGHT THAT STILL REQUIRES ATTENTION?**

If so, continue to re-read the notes and pray that situation through.

### **2. HAVE YOU LED:**

- (a) A person to salvation?
- (b) A person into the Baptism with the Holy Spirit? (c) Prayed for a person for the gifts?

### **IF NOT:**

- (a) Did you pray for guidance?
- (b) Did you pray for the Holy Spirit to send someone in need across your path?
- (c) Did you pray and come against a procrastination spirit?

## **SESSION THREE:**

### **HOW TO GIVE YOUR TESTIMONY**

#### **INTRODUCTION**

Every Christian must believe they are saved. That is, they have eternal life. This is the greatest miracle! We are called upon by the Scriptures to share that miracle with others, thus allowing the Holy Spirit to move upon their lives and draw them into the kingdom of God as well.

#### **GUIDELINES FOR TESTIMONY**

##### **1. BEING FILLED WITH THE HOLY SPIRIT.**

It is essential to be filled with the Holy Spirit so that you can be led and guided effectively by God through His Holy Spirit in discernment and power.

Acts 1:8:—

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

##### **2. SALVATION.**

The basic purpose for giving our testimony is to lead people to salvation. As we honour Jesus Christ, so we lead people to God. John 12:32:—

"And I, if I am lifted up from the earth, will draw all peoples to Myself."

This also has benefit in our own lives as we acknowledge publicly that we are saved by the Blood of the Lamb and the word of our testimony.

##### **3. REPENTANCE.**

You will need to share the kind of life you have repented from (in other words, totally turned away from the wrongdoing of your past life.) You will also have to show that godly sorrow caused you to repent, not just human sorrow (that is remorse), and led to your salvation in accordance with 2 Corinthians 7: 10:-

"For godly sorrow produces repentance leading to salvation, not to be regretted; but the sorrow of the world produces death."

This will enable your listener to respond in a similar fashion.

##### **4. LIFE TESTIMONY.**

Until now, we have been speaking of a verbal testimony. It should also be remembered that your LIFE IS A TESTIMONY. If you are giving a verbal testimony your lifestyle must demonstrate that what you are saying is true. In other words, the fruit of the Spirit must be manifest in your life the way you act, and the way you speak.

Galatians 5: 19-25:-

"Now the works of the flesh are evident, which are: adultery, fornication, uncleanness, lewdness, idolatry, sorcery, hatred, contentions, jealousies, outbursts of wrath, selfish ambitions, dissensions, heresies, envy, murders, drunkenness, revelries, and the like; of which I tell you beforehand, just as I also told you in time past, that those who practice such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, long suffering, kindness, goodness, faithfulness, gentleness, self-control. Against such there is no

law. And those who are Christ's have crucified the flesh with its passions and desires. If we live in the Spirit, let us also walk in the Spirit."

## **5. LOVE.**

Give your testimony in love.

1 Corinthians 13:1:-

"Though I speak with the tongues of men and of angels, but have not love, I have become sounding brass or a clanging cymbal."

As soon as you speak out of pride or judgement, the person will respond accordingly and simply "switch off". They must sense that you are speaking from love and concern for them personally, as God also loves them.

## **6. GOD'S PURPOSE.**

John 6:44:-

"No one can come to Me unless the Father who sent Me draws him; and I will raise him up at the last day."

## **7. LIVING IN THE SPIRIT.**

Your salvation experience should be the main part of your testimony. However, there will also be other very real highlights. For example, when you received the baptism of the Holy Spirit, or you may have received a physical or emotional healing, or had some other very real experience with God. When led of the Holy Spirit, it may be appropriate for you to share these additional highlights.

## **8. IT IS IMPORTANT TO KEEP YOUR TESTIMONY UP TO DATE.**

In other words, if you were converted 25 years ago, don't stop there with your conversion experience. There have obviously been other experiences in your life from that time. It is often important to bring your testimony up to date with a recent experience with God.

## **9. ALWAYS BE PREPARED TO GIVE YOUR TESTIMONY.** 1 Peter 3:15:-

"But sanctify the Lord God in your hearts, and always be ready to give a defense to everyone who asks you a reason for the hope that is in you, with meekness and fear."

John 7:6:—

"Then Jesus said to them, 'My time has not yet come, but your time is always ready.'"

BE AWARE of how important your testimony is to the man in the street, the next door neighbour, the lady in the coffee bar, people alongside you at work, or in any other situation in which you come into contact with people.

## **PRACTICAL POINTS**

### **1. KEEP YOUR TESTIMONY SIMPLE.**

In other words do not go into such detail that the overall theme and purpose of your testimony is lost.

**2. GIVE AN EFFECTIVE TESTIMONY.** The most effective testimony is a short testimony. It is important to finish on time, particularly where you are under authority and you have been allocated a particular time. It should be remembered that often, when you are called upon to give your testimony it is for approximately 10 minutes and you are followed by

a main speaker for the evening. People have come to hear the main speaker, so it is important to honour that wish.

### **3. SPEAK LOUDLY, SLOWLY AND CLEARLY**

so that people can hear what you are saying. There is little point in sharing a testimony if people are so busy concentrating on trying to hear, that in fact they miss what you are saying.

### **4. YOUR TESTIMONY IS PERSONAL TO YOU.**

When a person listens to your testimony, they do not want to hear at great length the testimony of your mother, your brother, or your second cousin, but YOUR testimony.

### **5. DO NOT BE SIDE TRACKED.**

Make your point clearly. It is important not to be SIDE TRACKED into giving an extensive preaching or teaching, when you have simply been asked to give your testimony. This can be particularly relevant when you are referring to the key verse or Scripture mentioned earlier. It is important NOT to commence a teaching on this, but simply to express how it affected you, and allow the Holy Spirit to complete it.

### **6. KNOW WHOM YOUR AUDIENCE IS.**

If you know beforehand that you are speaking to a group of elderly ladies, it is important to direct to the older ladies those aspects of your testimony that will be applicable to them. As you examine your own life and your testimony, you will find certain parts of it will be applicable to most age groups and audiences.

### **7. AVOID RELIGIOUS JARGON,**

particularly when talking to the unconverted as nothing will turn them off more quickly than this.

### **8. BE YOURSELF.**

Do not try to copy others in their style or what they have to say. Your story is unique — you are unique, therefore keep your testimony style unique.

### **9. PLAN YOUR TESTIMONY.**

Before you give your testimony it is helpful to write it out in full, then read it through and time yourself as you go. When you GIVE your testimony, it is important NOT to read it out in full. If you have never given your testimony before in a public meeting, it is often helpful at home to speak out loudly what you are going to say, in order to become used to the sound of your own voice. You may wish to have some headings on a card in front of you to help in case of nervousness. Remember practice reduces nervousness.

### **10. A BRIEF TESTIMONY.**

It is good to have a SHORTENED TESTIMONY for example 2 minutes, and a more LENGTHY one in which you can bring out more aspects and go into more detail of the changes that have been effected in your life.

### **11. SEEK EMPOWERING OF THE HOLY SPIRIT.** The Holy Spirit will guide, anoint

and give wisdom when speaking.

## **12. PRAYER AND FASTING. Brings you closer to God.**

### **WHAT TO INCLUDE IN YOUR TESTIMONY**

1. MY PAST; that is, what was I like prior to my conversion experience. This should not be too graphic, personal or defamatory.
2. WHAT DREW ME TO GOD and caused me to change? This might well include a comment if your conversion experience was dramatic.
3. WHAT DIFFERENCE DID IT MAKE IN MY LIFE?
4. A KEY VERSE FROM SCRIPTURE FOR ME. Do not preach on this verse, simply state what it meant to you at that time in your life and possibly still today.
5. It is important to FINISH WITH A CHALLENGE.

### **EXAMPLE OF CHALLENGE AT A PUBLIC MEETING A SALVATION CALL:**

1. Do you know Jesus as Saviour?
2. Do you have a desire to respond?
3. Ask everyone to bow heads in prayer — and those desiring to respond to raise their hands.
4. Ask everybody to stand — sing suitable song.
5. Call to front those who raised hands, together with backsliders.
6. Give an opportunity for each member of the audience to ask another person if they would like to respond by going to the front of the meeting.
7. Pray — sinners' prayer for salvation.
8. Suggest counsellors pray further for those who responded. As stated earlier in the sessions,

**IT IS ALSO IMPORTANT TO REMEMBER** to take opportunities for testimonies, for example coffee mornings, evenings, fashion parades, luncheons, breakfasts, home groups, churches, conventions, crusades, camps.

### **PRACTICAL INSTRUCTIONS**

1. Divide into groups of 6 to 8. Please move to groups quickly.
2. Choose a Group Leader. Make sure the Group Leader has read the Instructions for Group Leaders at the beginning of the manual.
3. Group Leader should pray quickly for the group (1 minute), then go through the following points:

#### **TESTIMONY**

1. Group leaders allow 10 minutes for participants to prepare their own 2-minute testimony in accordance with the points raised in the session. Ensure all participants understand from the session notes how to prepare a testimony. Answer any questions quickly, or call for assistance.
2. Each participant (including the leader) must give a testimony.
3. The testimony should be given in a maximum of 3 minutes.
4. The Group Leader must ensure:
  - (a) Participants stand and speak in an audible voice.
  - (b) The testimony is given as if addressing a public meeting.
  - (c) That the outline of essential points contained in these session notes is included in the testimony.
  - (d) Watch the time (3 minutes on your clock).

5. Instruction (5 minutes)

- (a) Are there any helpful suggestions to improve the testimonies given?
- (b) Encourage participants to look for an opportunity to give a testimony.

Revise previous homework (allow 10 minutes)

How are participants progressing with unsaved persons and persons who need to receive the baptism with the Holy Spirit, praying for persons for the gifts of the Holy Spirit and praying for people for deliverance? If time allows, pray for one another.

### **HOMEWORK FOR SESSION THREE (TESTIMONY)**

**1. WRITE OUT YOUR TESTIMONY IN FULL**, using the points learned from the testimony notes given on the third session, so that it takes at least 10 minutes to give this testimony. At the same time, you should also prepare a shortened two-minute testimony. Both these testimonies should be kept available (perhaps in your Bible) in order that you can be prepared to give either whenever called upon. It is also well worthwhile practising giving your testimony out loud at home, whether it be in a room by yourself or on the front lawn or wherever. This enables you to get used to hearing your voice and gives a confidence in what you are saying.

**REMEMBER** when you come to give your testimony you must not read it out.

2. The homework for this week also consists of you **GIVING YOUR TESTIMONY TO SOME OTHER PERSON**. Remember, it is imperative that you pray that the Holy Spirit would direct somebody across your path in order that you can

### **3. REVISION**

- (a) Have you as yet led a person into salvation?
- (b) Have you yet led a person in the baptism of the Holy Spirit?
- (c) Have you yet led a person into the gifts of the Holy Spirit?
- (d) Have you been involved in any deliverance ministry, whether it be with another person or upon yourself? For those of you that have already done (a) (b) (c) and (d) above, you should be seeking out the next person or persons to continue on with. Remember, the more you practise and use the gifts that the Holy Spirit has given you, the more you will be used of God. If you have not yet had the opportunity, pray fervently for guidance as to whom you should be ministering to and pray for an ability to listen to what the Holy Spirit is saying. There is no doubt the Holy Spirit is seeking to lead you to a person who wishes to receive ministry.

4. During the next week re-read all the notes to date.

5. Pray for one another if time permits and there are needs.

## **SESSION FOUR:**

### **HOW TO PREACH AND TEACH**

Have you ever been asked to preach or teach? If not by the end of this seminar you will have taken your first step in both of these.

#### **THE DIFFERENCE BETWEEN PREACHING AND TEACHING IS:**

##### **1. A PREACHER LEADS PEOPLE TO CHRIST A TEACHER HELPS THEM TO KNOW CHRIST**

2. The dictionary meaning is:

TO PREACH MEANS TO PROCLAIM TO TEACH MEANS TO EXPLAIN

3. An example of the difference between preaching and teaching can be taken from John 3: 1 6:-

"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life."

#### **REQUIREMENT FOR SUCCESSFUL PREACHING**

1 . For God SO loved (Name) GOD LOVES YOU.

2. That He gave HIS only Son. JESUS CHRIST DIED FOR YOU

3. THAT whoever believeth in Him should not perish WILL NOT GO TO HELL

4. But have everlasting life.

(SALVATION MESSAGE)

Believe and receive Jesus

-Today

#### **TEACHING**

For God so greatly loved and dearly prized the world that He (even) gave up His only begotten Son, so that whoever believes in (trusts, clings to, relies on) Him shall not perish - come to destruction, be lost - but have eternal (everlasting) life.

2 Timothy 4:2:—

"Preach the word! Be ready in season and out of season. Convince, rebuke, exhort, with all long-suffering and teaching."

#### **1. PREPARATION**

(a) Seek the Lord's guidance by spending time with the Lord in prayer and fasting.

(b) Keep the message simple and easily understood.

(c) Know your topic thoroughly.

(d) Believe the Lord for His supernatural strength to preach and for the anointing to fall on you.

(e) Pray that the Holy Spirit will open the 'ears' of the hearers.

#### **2. ACTUAL PREACHING**

(a) Pray for the power and anointing of the Holy Spirit before you commence speaking. For example, Kathryn Kuhlman speaks about how she would wait outside the auditorium until she



felt the anointing fall upon her.

(b) You must believe the Word of God is true in every respect and especially in relation to the topic on which you are speaking.

(c) Project the enthusiasm and excitement that you feel for the message that you are bringing so that people can see that there is something alive and vibrant in what you are saying. Your message will be far more interesting if you can relate specific experiences of your own to illustrate and confirm what you are saying from Scripture. A sense of humour can be helpful in making a point and holding the interest and attention of the audience although it should always be remembered that there are times for seriousness, particularly leading up to the altar call.

(d) It is important to make sure that you can be heard. It may mean that you should check the positioning of a microphone. People at the rear should be able to hear, otherwise they will be concentrating on trying to hear you, not on what you say. Speak loudly and not too quickly. Do not be tempted to rush to get it finished. Remember, there is at least one person there who needs to hear what you are saying.

(e) Keep your message precise and to the point without seeking to pad it out or ramble. The average concentration span of a person is 20 minutes so after that time your audience will have stopped concentrating on what you are saying.

(f) Begin well. This may involve learning notes off by heart or the Scripture that you are going to commence with so as to build up your confidence. It is extremely important that you finish with the point (or points) that you are making and not trail off so that the audience is left wondering what you were meant to be saying.

(g) If you finish your message well it is easy to follow up with a challenge. The challenge is possibly the most important part of the message and accordingly you should prepare for the challenge as thoroughly as you prepare your message. For example, if you are preaching on the area of unforgiveness, then people should be encouraged to bow their heads, raise their hands if they need release from that area, come out to the front of the meeting and receive prayer. Always remember that one of the prime purposes in preaching is to bring people to salvation.

### **IT IS HELPFUL TO ASSESS YOUR PREACHING**

(a) Ask yourself; did your preaching accomplish the expected result?

(b) How would you improve on your message next time? (c) Remember you are an imperfect vessel.

### **3. HOW TO LEARN TO PREACH**

(a) As you begin giving your testimony you will then discover a desire and need to be able to preach to people from the Word of God in order to emphasise a particular point. Often when you first begin to preach it will only be a few words and accordingly it is helpful to get those few words right. To do this they should be thoroughly learned by memory which will enable you to speak them out with confidence.

(b) Make a list of topics as you read the Word of God and as you come across references to these, list them under the topic headings, for example faith, healing, forgiveness, repentance. When the Holy Spirit attracts your attention to certain Scriptures referring to these topics, write them down under the headings for future reference. In this way you have a basis for preaching.

(c) Kathryn Kuhlman began in her teens to reach out to souls, by preaching to small groups. Eventually she had a spectacular healing ministry. Also the well known evangelist Smith Wigglesworth had a wife who was a preacher. She taught him to read and write at the age of 26 years. After being filled with the Holy Spirit he began to minister with tremendous power.

(d) Remember, as we glorify and lift Jesus higher, He will draw all men unto Him:

John 12:32:—

"And I, if I am lifted up from the earth, will draw all peoples to Myself."

Therefore ensure that you give God the glory.

(e) Create opportunities for ministering in breakfasts, coffee mornings, luncheons, prayer meetings, dinners, seminars, home groups and churches. As you are prepared to open yourself to speak and be obedient to what the Lord is saying, He will use you. As you gain in practice and experience, nervousness will be overcome.

## **REQUIREMENTS FOR SUCCESSFUL TEACHING**

Hebrews 5: 12:-

"For though by this time you ought to be teachers, you need someone to teach you again the first principles of the oracles of God; and you have come to need milk and not solid food."

Some have been taught to saturation point and now should be giving out to others from their knowledge and experience, so that they may grow spiritually.

### **1. PRAY.**

Ask the Holy Spirit to guide your thoughts and make it clear what He wants to teach through you. He will teach you because in His Word He says so.

John 14:26:-

"But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you."

**2. BELIEVE** that whatever the Holy Spirit calls you to do, He anoints you for it.

He will be your enabler if you trust Him:

John 15:5-

"I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing."

Each person can receive from God power and the anointing of the Holy Spirit, if they will seek it.

3. Unless you **REGULARLY READ THE WORD OF GOD** and believe it is true in every respect, you cannot teach others effectively.

There is a discipline involved in reading the Word of God and this discipline must be adhered to. The body needs physical food on a regular daily basis, so the spiritual side of your person needs regular food from the Bible on a daily basis.

**4. WHEN TEACHING**, we should find that God's Word becomes: "the rejoicing of my heart" (Psalm 119: 111); "more than my necessary food." (Job 23:12) You should enjoy reading the Word of God.

5. It is essential to have a **RIGHT RELATIONSHIP** with God, and also with your family, otherwise this will inhibit any teaching that you may have to do.

**6. BE AVAILABLE.** It is not ability but availability that is required. Are we ready to be His 'living sacrifice' doing whatever He wants us to do?

Psalm 86:11 :—

"Teach me Your way, O LORD; I will walk in Your truth;..." James 1:22:—

"But be doers of the word, and not hearers only, deceiving yourselves."

**7. TEACHING INVOLVES EXPLAINING** or opening the Scriptures: showing new light on the Word of God and encouraging the hearer to partake of the Word of God for himself as a rich food.

8. There should be an **EVEN BALANCE** between inflow and outflow that others may be blessed. If a cup is full of water there is no room for more (be like a watering can and sprinkle widely). We must be ministered to as we also minister to others, and able to receive as well as to give.

**9. KNOW YOUR SUBJECT THOROUGHLY.**

Learn. Search the Scriptures to the best of your ability. Use a concordance, commentaries and study guides.

**10. ACCEPT WHO WE ARE IN CHRIST**, by the empowering of the Holy Spirit.

(a) You are told in the Word of God:

Philippians 4: 1 3:—

"I can do all things through Christ who strengthens me."

(b) Your youth is not a disadvantage when called to teach as shown:

1 Timothy 4: 12:

"Let no one despise your youth, but be an example to the believers in word, in conduct, in love, in spirit, in faith, in purity."

**11. ENSURE THAT YOUR MESSAGE OR INSTRUCTION HAS:**

(a) A clear objective or theme.

(b) That it is simple and logically developed.

(c) Careful and systematic preparation (but not so as to quench the Spirit).

(d) A summary of key points.

## **PRACTICAL POINTS**

1. Give clear outlines.

2. Do not waffle. Keep to your theme.

3. Keep within the time allotted.

4. Intersperse it with humour.

5. Give careful and prayerful thought to your conclusion.

## **HINDRANCES TO SUCCESSFUL TEACHING**

### **1. FEAR OF MAN**

2 Timothy 1:7:-

"For God has not given us a spirit of fear, but of power and of love and of a sound mind."

### **2. CONDEMNATION**

Romans 8: 1 :-

"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."

If we are walking in the Spirit we are not under condemnation to sin.

### **3. POOR EXAMPLE.**

There is no evidence of the fruit of the Spirit in your life. Also lack of genuine love shown by judgmental attitude when dealing with others:

1 Corinthians 13:4-7:-

"Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely, does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things."

### **4. LACK OF SUBMISSION**

You are not under proper authority in relationship to God, husband (if you are a woman) or your church.

### **5. UNBELIEF**

You are not completely believing that the Word of God is true in every respect.

### **6. NOT BEING BAPTISED IN THE HOLY SPIRIT**

If you are going to be a successful teacher it is essential to be filled with the Holy Spirit.

Remember the Holy Spirit is the Teacher.

### **7. PRIDE**

People will sense immediately if you are speaking out of pride and will not relate to you or what you are saying. Allowing Him to teach through you, either spontaneously or in your carefully prepared lesson, is the greatest thrill you can have as a teacher of the Word of God.

## **BASIC TEACHING TOPICS**

### **1. SALVATION**

Aim to clearly state the need for salvation. Show how to receive salvation and be able to minister in follow up.

### **2. BAPTISM IN THE HOLY SPIRIT**

To teach about the baptism in the Holy Spirit and encourage a person to receive the baptism of the Holy Spirit and speaking with other tongues.

### **3. GIFTS OF THE HOLY SPIRIT.**

### **4. DELIVERANCE.**

### **5. PRAYER, INTERCESSION AND FASTING.**

### **6. HOW TO MOVE IN THE POWER OF THE HOLY SPIRIT.**

### **7. HOW TO BE EFFECTIVE COUNSELLORS.**

### **8. SPECIFIC TEACHING MINISTRIES.**

How to teach children, Bible studies, Sunday School, Prayer Meetings, Coffee mornings in homes, sharing from books and tapes, and teaching the young.

FROM THESE SESSIONS EACH PERSON SHOULD NOW BE ABLE TO TEACH ON:  
Salvation, Baptism in the Holy Spirit, Gifts of the Holy Spirit, Deliverance. How to give your Testimony and Prayer and Intercession.

Philippians 4:13:-

"I can do all things through Christ who strengthens me." FOR WOMEN ONLY

**1. PURPOSE** — to equip women for service, firstly to God, then to their families. Lastly for their calling to Jesus Christ. Some women have been well taught and now should be giving out to others from their knowledge and experience.

**2. MUST BE RELEVANT** (particularly to women). There is sound advice in the following Scriptures:

1 Timothy 2:12:-

"And I do not permit a woman to teach or to have authority over a man, but to be in silence."

Titus 2:3-5:-

"the older women likewise, that they be reverent in behaviour, not slanderers, not given to much wine, teachers of good things — that they admonish the young women to love their husbands, to love their children, to be discreet, chaste, homemakers, good, obedient to their own husbands, that the Word of God may not be blasphemed."

## **PRACTICAL INSTRUCTIONS**

1. Divide up into the groups of 6 to 8 and choose a Group Leader. Group Leaders must watch the time!
2. You will have ten minutes to prepare a three to five minute preaching on your favourite Scripture. It may even be part of your testimony.
3. Then each participant (including the Group Leader) in the group is going to stand (unless you are physically unable to stand we would encourage you to do so) and give a three to five minute preaching. You should get used to being on your feet because that is where you are going to be most of the time that you are teaching or preaching. Speak loudly, clearly and not too fast. You should speak as if addressing a meeting.
4. At the end your Group Leader and perhaps one other person could give constructive hints or encouragements on what you said. We don't want destructive comments.
5. In the last 15 minutes, pray for any needs that may have come up during the week or if you are having problems with your homework.

## **HOMEWORK FOR SESSION FOUR (PREACHING AND TEACHING)**

1. Reread the notes on Preaching and Teaching and prepare a brief 3 minute preaching and 3 minute teaching on one of the fruits of the Spirit as set out in Galatians 5:22-23: love, joy, peace, long-suffering, kindness, goodness, faithfulness, gentleness, self-control.

## **2. REVISION**

- (a) Reread all notes up to date.
- (b) Have you yet led a person to salvation?
- (c) Have you led a person in the baptism with the Holy Spirit?
- (d) Have you yet led a person in to the gifts of the Holy Spirit?
- (e) Have you been involved in any deliverance ministry, whether it be for another person or upon yourself?
- (f) Have you given your testimony?

## **SESSION FIVE:**

### **HOW TO BE EFFECTIVE IN PRAYER, INTERCESSION, FASTING**

#### **PRAYER**

##### **WHAT IS PRAYER?**

To pray means simply to communicate with God. It is natural for us to want to "talk" with our Father and for Him to "talk" to us.

We have been created in His image and have a built in desire and capacity to respond to Him. Jesus has restored our fellowship with the Father in that we can now come boldly in prayer right into the Holy of Holies and talk freely to God as a child talks to his father. The lines of communication broken by the sin of Adam have been re-established by Jesus' death and resurrection.

##### **HOW TO BE EFFECTIVE IN PRAYER**

###### **1. PRAYER NEEDS TO BE LEARNED, TO BE REGULAR AND PRACTICAL.**

Often the disciples asked Jesus to teach them to pray: Luke 11:1 4:

"Lord, teach us to pray, as John also taught his disciples.' So He said to them, When you pray, say:

Our Father in heaven,

Hallowed be Your name.

Your kingdom come.

Your will be done on earth as it is in heaven.

Give us day by day our daily bread.

And forgive us our sins,

For we also forgive everyone who is indebted to us. And do not lead us into temptation,

But deliver us from the evil one."

###### **2. PRAYER SHOULD BE PERSISTENT**

For example Luke 18:1-8 The parable of the woman and the judge. The next example we are told in 1 Thessalonians 5:17:- "pray without ceasing,"...

###### **3. PRAYER SHOULD BE MEANINGFUL AND NOT JUST REPETITIONS,**

e.g. not in eastern mantras:

Matthew 6:7-8:-

"And when you pray, do not use vain repetitions as the heathen do. For they think that they will be heard for their many words. Therefore do not be like them. For your Father knows the things you have need of before you ask Him."

###### **4. LISTEN FOR AN ANSWER**

When you have prayed earnestly, equally you must allow God, through His Holy Spirit, to speak to you. This may be through a thought, impression, a vision, a verse of Scripture or a "still small voice" (1 Kings 19:12). Remember that God can also answer your prayer by speaking through others in your church, your home group, through members of your family, as long as you are prepared to hear what He is saying.

## **5. PRAYER INVOLVES CONFESSION OF SIN TO RECEIVE AN EFFECTIVE ANSWER.**

Isaiah 6:5:-

"So I said: Woe is me, for I am undone! Because I am a man of unclean lips, and I dwell in the midst of a people of unclean lips; for my eyes have seen the King, The LORD of hosts."

James 5:16:-

"The effective, fervent prayer of a righteous man avails much"

## **6. WE MUST SEEK DIRECTION IN HOW WE PRAY** to ensure that we are praying in the will of God

1 John 5:14-15:-

"Now this is the confidence that we have in Him, that if we ask anything according to His will, He hears us. And if we know that He hears us, whatever we ask, we know that we have the petitions that we have asked of Him."

Matthew 26:39:-

"He went a little farther and fell on His face, and prayed, saying, 'O My Father, if it is possible, let this cup pass from Me; nevertheless, not as I will but as You will.'"

Remember the Holy Spirit intercedes for us when we do not know what we should pray for:

Romans 8.26:-

"Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered."

## **7. ASK AND SEEK**

Luke 11:9-10:-

"So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened.'

## **8. THE BELIEVING PRAYER**

Is believing for the answer before you see it.

You must be specific in your prayers in order that God can answer them, for example, "God bless the Chinese" What specifically are you expecting or asking of God?

It is the prayer of faith that "moves mountains,' heals the sick etc. It is not the amount of faith as much as making a decision to exercise it.

Matthew 17:20:-

"So Jesus said to them, 'Because of your unbelief; for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there: and it will move; and nothing will be impossible for you'."

Mark 1 1:24:-

"Therefore I say to you, whatever things you ask when you pray, believe that you receive them, and you will have them.'

Mark 9:23:-

"Jesus said to him, 'If you can believe, all things are possible to him who believes'."

John 11:40:-



"Jesus said to her, 'Did I not say to you that if you would believe you would see the glory of God?'"

James 5:15:

"And the prayer of faith will save the sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven."

## **9. REVERENCE**

Remember that we need to first approach God with a real sense of reverence for who He is and His majesty and glory. Because of time constraints we so often rush into His presence forgetting who He is and often our prayers are ineffective and powerless because of this. You will recall the Lord's prayer starts off with the following:

Luke 11:2:

"...Our Father in heaven, Hallowed be Your name..."

## **10. PRAY IN JESUS' NAME**

John 14:13 :-

"And whatever you ask in My name, that I will do, that the Father may be glorified in the Son"

Using "In Jesus' Name" at the end of a prayer can be merely implying a religious phrase and not praying with the full power and authority which says that you pray "in His Name"

**11. THE DISCIPLES GAVE THEMSELVES CONTINUALLY** in prayer and to the ministry of the word:

Acts 6:4:-

"but we will give ourselves continually to prayer and to the ministry of the word"

## **GOD PROMISES TO ANSWER PRAYER**

Isaiah 65:24 :-

"It shall come to pass that before they call, I will answer; and while they are still speaking, I will hear."

Luke 11:9-10:-

"So I say to you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.

"For everyone who asks receives, and he who seeks finds, and to him who knocks it will be opened."

John 15:7:-

"If you abide in Me, and My words abide in you, you will ask what you desire, and it shall be done for you."

## **WAYS TO PRAY**

### **1. PRAY ALONE**

Matthew 6:6:-

"But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly:'

### **2. IN A GROUP UNITED IN PRAYER:**

Acts 1: 14:-

"These all continued with one accord in prayer and supplication, with the women and Mary the mother of Jesus, and with His brothers:"

### **3. THE PEOPLE PRAYING DO NOT HAVE TO BE TOGETHER PHYSICALLY.**

An example would be the prayers by the New Testament churches for the imprisoned Peter:

Acts 12:5:-

"Peter was therefore kept in prison, but constant prayer was offered to God for him by the church."

### **4. GENERAL CALL TO PRAYER FOR NATION:**

2 Chronicles 7:14:-

"If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land."

### **5. PRAYING IN TONGUES**

The Holy Spirit, through the believer, in an unknown language can bypass our mind to accomplish the will of God.

1 Corinthians 14:14-15:-

"For if I pray in a tongue, my spirit prays but my understanding is unfruitful. What is the conclusion then? I will pray with the spirit, and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding."

### **6. PRAY WITH "UNDERSTANDING"**

We are also to pray with the full resources of our mind.

1 Corinthians 14:14-15:-

"For if I pray in a tongue, my spirit prays, but my understanding is unfruitful. What is the conclusion then? I will pray with the spirit and I will also pray with the understanding. I will sing with the spirit, and I will also sing with the understanding."

## **ENEMIES THAT CAN KEEP US FROM PRAYING**

### **1. THE WORLD:**

(a) Gives little recognition to people who pray;

(b) Exalts self-sufficiency instead of dependence on God. Romans 12:2:-

"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."

### **2. THE FLESH:**

(a) Finds it easy to be lazy or procrastinate;

(b) Dislikes discipline and perseverance;

(c) Reacts on emotion instead of responding to the guidance of the Holy Spirit.

Matthew 26:41 :-

"Watch and pray, lest you enter into temptation. The spirit indeed is willing, but the flesh is weak."

### **3. THE DEVIL:**

- (a) Stirs up unbelief and causes us to doubt the goodness of God;
- (b) Discourages us when our prayers seem unanswered;
- (c) Suggests hopelessness about the situation.

Ephesians 6:12:—

"For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places"

## **HINDRANCES TO ANSWERED PRAYER**

When prayers appear to go unanswered, we need to ask if the Holy Spirit is pinpointing a hindrance that needs to be confessed and repented of such as:

### **1. WRONG MOTIVES.**

Petitioning God for things not really needed or for selfish reasons. (James 4:3)

### **2. UNCONFESSED SIN.**

Sin raises a barrier in our fellowship; sin separates, particularly involvement in the occult: Isaiah 59: 1 -2:—

"Behold, the LORD'S hand is not shortened, that it cannot save; nor His ear heavy, that it cannot hear. But your iniquities have separated you from your God; and your sins have hidden His face from you, so that He will not hear."

### **3. IDOL WORSHIP.**

God makes it plain that He will not hear us if we worship anything or anyone other than God: Ezekiel 44: 10-13:—

"And the Levites who went far from Me, when Israel went astray, who strayed away from Me after their idols, they shall bear their iniquity. Yet they shall be ministers in My sanctuary, as gatekeepers of the house and ministers of the house; they shall slay the burnt offering and the sacrifice for the people, and they shall stand before them to minister to them. Because they ministered to them before their idols and caused the house of Israel to fall into iniquity, therefore I have raised My hand in an oath against them, says the Lord GOD, that they shall bear their iniquity. And they shall not come near Me to minister to Me as priest, nor come near any of My holy things, nor into the Most Holy Place; but they shall bear their shame and their abominations which they have committed."

### **4. LACK OF FORGIVENESS.**

Jesus relates prayer with forgiveness:

Mark 11 :25:-

"And whenever you stand praying, if you have anything against anyone, forgive him, that your Father in heaven may also forgive you your trespasses."

**5. UNBELIEF.** Prayer without faith is prayer without power.

### **6. PRIDE.**

Pride exalts self and stifles fellowship with the Lord. The prayer of the Pharisees and the publicans are good examples.

## **7. FEAR.**

Fear inhibits trust in a loving God:

1 John 4:18:-

"There is no fear in love; but perfect love casts out fear, because fear involves torment. But he who fears has not been made perfect in love."

## **8. GUILT.**

Guilt brings condemnation and fear which stifles faith in the Father's love. Remember:

Romans 8: 1 :-

"There is therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit."

## **9. DEPRESSION.**

A negative state of mind cannot produce faith filled prayer: Hebrews 6:12:-

"that you do not become sluggish, but imitate those who through faith and patience inherit the promises."

## **10. BITTERNESS.**

Unconfessed resentment can create bitterness towards God and/or others: Hebrews 1 2:1 5:-

"looking diligently lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled;"

## **11. FEELINGS OF INFERIORITY.**

God wants to restore our self-image and free us to be confident in who we are in Christ:

Hebrews 4:14-16:-

"Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need."

## **12. MISTREATMENT OF FAMILY MEMBERS.**

Wrong treatment of husband, wife, children or parents can make prayer ineffective:

Peter 3:7:-

"Husbands, likewise, dwell with them with understanding, giving honour to the wife, as to the weaker vessel, and as being heirs together of the grace of life, that your prayers may not be hindered."

All personal relationships should be in harmony.

## **13. INSTABILITY.**

James I :6-7:-

"But let him ask in faith, with no doubting, for he who doubts is like a wave of the sea driven and tossed by the wind. For let not that man suppose that he will receive anything from the Lord."

## **14. STUBBORNNESS.**

Zechariah 7: 12-13:-

`Yes, they made their hearts like flint, refusing to hear the law and the words which the LORD of hosts had sent by His Spirit through the former prophets. Thus great wrath came from the LORD of hosts. Therefore it happened, that just as He proclaimed and they would not hear, so they called out and I would not listen, says the LORD of hosts."

### **15. NEGLECT OF MERCY.**

Proverbs 21:13:

`Whoever shuts his ears to the cry of the poor will also cry himself and not be heard."

### **PRACTICAL STEPS FOR ENTERING INTO PRAYER**

Daily prayer should be a priority in our Christian walk. God's Word instructs us to pray at all times.

We should:

#### **1. MAKE A COMMITMENT TO PRAY.**

It is one thing to decide to pray occasionally and it is another to commit oneself to regular communication with the Father. The commitment will include both regular prayer time and spontaneous prayer that occurs as the Spirit brings to mind something to be prayed for.

#### **2. FIND A QUIET PLACE.**

Do what is comfortable for you. This could include kneeling, sitting, prostrating, praying aloud etc.

#### **3. ASK FOR GOD'S PROTECTION.**

This could include putting on the spiritual armour and recognizing the power of the blood of Jesus (Ephesians 6:10-17).

#### **4. CONFESS ANY KNOWN SIN.**

God hears our prayers when sin has been confessed and repented from. We can then pray as forgiven sinners, standing in the righteousness of Christ. Psalm 66:18, 1 John 1:9.

#### **5. ASK THE HOLY SPIRIT TO DIRECT OUR PRAYER TIME.**

God is a God of great variety. He may lead us to pray differently each day.

#### **6. LISTEN FOR THE LORD TO SHOW US HOW TO PRAY.**

Listening is the key to praying in the Spirit. God may "speak" through the Word as we read or simply impress us with thoughts that come to our mind and show us how to pray. 1 Corinthians 2:9-10.

#### **7. PRAY IN FAITH AS THE SPIRIT LEADS.**

It is the prayer of faith, led by the Spirit, that moves mountains and defeats Satan (Luke 17:6).

### **INTERCESSION**

"Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men." 1 Timothy 2:1

## **INTERCESSION:**

**1. IS THE ACT OF INTERCEDING OR PLEADING** for another in prayer, as directed and energised by the Holy Spirit.

In other words, it is doing what the Word of God tells us to do and that is "stand in the gap". The Bible reveals many intercessors who pleaded for individuals, families, cities and nations. For example, when God intended to destroy a nation. Moses stood before Him in the breach: Psalm 106:23:-

"Therefore He said that He would destroy them, had not Moses His chosen one stood before Him in the breach, to turn away His wrath, lest He destroy them."

**2. EVERYBODY HAS A CONSTANT AND PERPETUAL INTERCESSOR** in the person of Christ as shown in Hebrews 7:25:-

"Therefore He is also able to save to the uttermost those who come to God through Him, since He always lives to make intercession for them."

## **3. GOD SEEKS INTERCESSORS:**

Ezekiel 22:30-31:-

"So I sought for a man among them who would make a wall, and stand in the gap before Me on behalf of the land, that I should not destroy it; but I found no one. Therefore I have poured out My indignation on them; I have consumed them with the fire of My wrath; and I have recompensed their deeds on their own heads," says the Lord GOD.

## **4. IT IS AN IMPORTANT MINISTRY.**

(a) Moses interceded for Israel many times.

(b) Before Calvary, at Gethsemane, Jesus interceded "not as I will but as You will". (Matthew 26:39)

(c) Pentecost happened after a ten day prayer meeting. Intercession was necessary before the hand of God moved.

(d) Some other examples:

(1) Daniel in Daniel 9:3-21

(2) Solomon in 2 Chronicles 6:14-20

(3) Nehemiah in Nehemiah 1:4-11

(4) Ezra in Ezra 9:4-15

## **5. IT IS A MUCH NEGLECTED SERVICE TO THE LORD:** Isaiah 63:5:-

"I looked, but there was no one to help, and I wondered that there was no one to uphold; therefore My own arm brought salvation for Me; and My own fury, it sustained Me."

Isaiah 64:7:-

"And there is no one who calls on Your name, who stirs himself up to take hold of You; for You have hidden Your face from us, and have consumed us because of our iniquities."

Isaiah 59:16:-

"He saw that there was no man, and wondered that there was no intercessor; therefore His own arm brought salvation for Him; and His own righteousness, it sustained Him."

## **6. WHY INTERCESSION IS ONLY FOR THE COMMITTED CHRISTIAN:**

(a) Selfishness. We do not care, or want to be inconvenienced.

(b) Ignorance of the ministry and the power contained therein.

(c) Unbelief.

(d) Disobedience, if we do know about the ministry we are not obedient to follow it through.

(e) Laziness. In other words it is not for us, let somebody else do it.

(f) It is a secret ministry. Therefore nobody sees us: Matthew 6:5-

"And when you pray, you shall not be like the hypocrites. For they love to pray standing in the synagogues and on the corners of the streets, that they may be seen by men. Assuredly, I say to you, they have their reward. But you, when you pray, go into your room, and when you have shut your door, pray to your Father who is in the secret place; and your Father who sees in secret will reward you openly."

## **BECOMING AND REMAINING AN INTERCESSOR**

**1. YOU NEED A DESIRE TO BECOME AN INTERCESSOR FOR OTHERS** and to determine that you will live this life.

### **2. DISCIPLINE YOUR LIFE TO INTERCEDE.**

This is the area where the vision is usually lost because of the high cost involved. We will often have to put aside good legitimate things to create enough time to talk to God. We can start intercession by worshipping God, by meditating on His character:

Jeremiah 32:17 and 19:-

"Ah, Lord GOD! Behold, You have made the heavens and the earth by Your great power and outstretched arm. There is nothing too hard for You. You are great in counsel and mighty in work, for your eyes are open to all the ways of the sons of men, to give everyone according to his ways and according to the fruit of his doings."

Micah 7:7:

"Therefore I will look to the LORD; I will wait for the God of my salvation; my God will hear me."

**3. WE MUST HAVE FAITH IN OUR HEART** to hear the will of God and to receive answers:

Hebrews 11:6:-

"But without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who diligently seek Him."

Romans 14:23:-

"But he who doubts is condemned if he eats, because he does not eat from faith; for whatever is not from faith is sin."

John 14:13-14:-

"And whatever you ask in My name, that I will do, that the Father may be glorified in the Son. If you ask anything in My name, I will do it."

Ephesians 1:19:—

"and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power."

**4. WE MUST EXPECT GOD TO REVEAL SECRETS.** Amos 3:7:

"Surely the Lord GOD does nothing, unless He reveals His secret to His servants the prophets."

**5. WE MUST KNOW THE VOICE OF GOD** when He speaks to us: John 10:3-4:-  
"To him the doorkeeper opens, and the sheep hear his voice; and he calls his own sheep by name and leads them out. And when he brings out his own sheep, he goes before them; and the sheep follow him, for they know his voice."

**6. WE SHOULD ASK FOR THE HOLY FEAR OF GOD** and also for His hatred of evil and sin.

**7. KEEP HUMBLE. PREPARATION OF ONESELF FOR INTERCESSION**

**1. MAKE SURE THAT YOUR HEART IS CLEAN BEFORE GOD** by having given the Holy Spirit time to convict, should there be any unconfessed sin:

Psalm 66:18:-

"If I regard iniquity in my heart, the Lord will not hear."

Psalm 139:23-24:-

"Search me, O God, and know my heart; try me, and know my anxieties; And see if there is any wicked way in me, and lead me in the way everlasting."

**2. ACKNOWLEDGE THAT YOU CANNOT REALLY PRAY** without the direction and energy of the Holy Spirit:

Romans 8:26:-

"Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered."

**3. ASK GOD TO UTTERLY CONTROL YOU BY HIS SPIRIT:** Ephesians 5:18:-

"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit."

103

**4. DIE TO YOUR OWN IMAGINATIONS,** desires and burdens for what you feel you should pray:

Isaiah 55:8:-

"For My thoughts are not your thoughts, nor are your ways My ways,' says the LORD."

2 Corinthians 10:5:-

"casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ..."

**5. PRAISE HIM NOW IN FAITH** for the remarkable prayer experience you are going to have.

He is a remarkable God and will do something consistent with His character.

**6. WAIT IN SILENT EXPECTANCY.**

Then in obedience and faith, utter what God brings to your mind believing:

John 10:27:-

"My sheep hear My voice, and I know them, and they follow Me."

Be sure not to move onto the next subject until you have given God sufficient time to discharge all He wants to say to you.



**7. ALWAYS HAVE YOUR BIBLE WITH YOU** in case God wants to give you direction or confirmation from it:

Psalm 119:105:-

"Your word is a lamp to my feet and a light to my path."

**8. WHEN GOD CEASES TO BRING THINGS TO YOUR MIND** for prayer finish by praising and thanking Him for what He has done:

Romans 1 1:36:-

"For of Him and through Him and to Him are all things, to whom be glory forever. Amen."

**9. ASK FOR THE FEAR OF THE LORD**, then speak out what He gives you. Don't be afraid to keep silent.

## **DOING BATTLE**

**1. TAKE OUR POSITION IN THE HEAVENLY PLACES IN CHRIST JESUS:**

Ephesians 2:6:-

"and raised us up together, and made us sit together in the heavenly places in Christ Jesus..."

**2. TAKE PROTECTION FROM THE ENEMY:**

Proverbs 18:10:-

"The name of the LORD is a strong tower; the righteous run to it and are safe."

2 Thessalonians 3:3:-

"But the Lord is faithful, who will establish you and guard you from the evil one."

Ephesians 6:11 :-

"Put on the whole armour of God, that you may be able to stand against the wiles of the devil."

Ephesians 6:10:-

"...be strong in the Lord and in the power of His might."

**3. REALISE AND STATE YOUR AUTHORITY IN THE LORD JESUS:**

Luke 10:19:-

"Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you."

1 John 4:4:-

"You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world."

**4. PUT ON THE WHOLE ARMOUR OF GOD** revealed in Ephesians 6:13-17. Attack with the weapons which are the name of the Lord Jesus Christ and His blood, the power of the Spirit and the sword of the Spirit.

**5. RESIST SATAN:**

James 4:7:-

"Therefore submit to God. Resist the devil and he will flee from you."

**6. BIND THE ENEMY:**

Matthew 12:29:

"Or how can one enter a strong man's house and plunder his goods, unless he first binds the strong man? And then he will plunder his house."

Matthew 16:19:-

"And I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

**7. CONFESS VICTORY** through the blood of the Lamb and the word of testimony:

Revelation 12:11 :-

"And they overcame him by the blood of the Lamb and by the word of their testimony, and they did not love their lives to the death."

**8. DECLARE VERSES OF VICTORY TO GIVE GLORY TO GOD:**

Psalms 108:13:-

"Through God we will do valiantly, for it is He who shall tread down our enemies."

## **INTERCESSION TOPICS**

**1. FOR LEADERS AND ALL IN AUTHORITY:**

1 Timothy 2:2:-

"for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence."

We should pray for God's leaders to be appointed and for men in positions of authority to be the men through whom He would bless us.

**2. OUR IMMEDIATE FAMILY**

**3. EVANGELISM AND MISSIONS**

**4. THOSE IN GREATEST SPIRITUAL DARKNESS AND BONDAGE**

## **PRACTICAL POINTS ON INTERCESSION**

**1. PRAY OUT LOUD when possible. It helps to keep our thoughts in line.**

**2. FAST WITH YOUR PRAYERS.**

**3. ALLOW THE HOLY SPIRIT TO MOVE THROUGH YOU:**

Romans 8:26:-

"Likewise the Spirit also helps in our weaknesses. For we do not know what we should pray for as we ought, but the Spirit Himself makes intercession for us with groanings which cannot be uttered."

**4. TRAVAIL IN PRAYER:**

Isaiah 66:8-9:

"Who has heard such a thing? Who has seen such things? Shall the earth be made to give birth in one day? Or shall a nation be born at once? For as soon as Zion was in labour, she gave birth to her children. Shall I bring to the time of birth, and not cause delivery?" says the LORD. "Shall I who cause delivery shut up the womb?" says your God."

**5. REMEMBER TO PERSEVERE** in your prayer as shown in the parable of the persistent friend in Luke 11:5-8.

## **6. THE INTERCESSOR HAS NO VACATION FROM PRAYER,**

Isaiah 62:6:-

"I have set watchmen on your walls, O Jerusalem, they shall never hold their peace day or night..."

## **FASTING**

### **WHAT IS FASTING?**

**1. FASTING IS AN EXTENSION OF PRAYER** where we allocate time for prayer that would normally be spent in eating and sometimes also in drinking. We have an example of this where Jesus went into the wilderness and He fasted 40 days and 40 nights:

Matthew 4:2:-

"And when He had fasted forty days and forty nights, afterward He was hungry."

When directed to fast by the Holy Spirit, the fast may extend for just one meal, for one night, for one day, for seven days or even up to forty days.

### **2. FASTING IS BETWEEN YOU AND GOD.**

Matthew 6:16-18:-

"Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly."

### **3. FASTING INVOLVES A HUMBLING OF OURSELVES BEFORE GOD.**

Psalms 35:13:-

"...I humbled myself with fasting..."

It is spiritually refreshing and strengthening. It is also medically good for our physical well-being. Under no circumstances should fasting become a ritual or a bondage.

### **WHAT SHOULD WE FAST FOR?**

1. We should fast for deliverance

Matthew 17:21:-

"However, this kind does not go out except by prayer and fasting."

This shows that fasting is required in some cases by those being delivered, as well as those who are ministering deliverance.

### **2. SICKNESS**

Psalms 35:13:-

"But as for me, when they were sick, my clothing was sackcloth; I humbled myself with fasting; and my prayer would return to my own heart."

### **3. ACTS OF REPENTANCE:**

Nehemiah 9:1 :-

"Now on the twenty-fourth day of this month the children of Israel were assembled with fasting, in sackcloth, and with dust on their heads."

**4. PREPARATION FOR SERVICE:** To seek and find the guidance of God for us and

others:

Acts 13:2:-

"As they ministered to the Lord and fasted, the Holy Spirit said, 'Now separate to Me Barnabas and Saul for the work to which I have called them.'"

## **5. REVELATION**

Exodus 34:28:-

"So he was there with the LORD forty days and forty nights; he neither ate bread nor drank water. And He wrote on the tablets the words of the covenant, the Ten Commandments."

## **6. ALLEVIATE IMPENDING DANGER:**

Esther 4:3:-

"And in every province where the king's command and decree arrived, there was great mourning among the Jews, with fasting, weeping and wailing; and many lay in sackcloth and ashes."

## **7. TO OBTAIN VICTORY OVER THE ENEMY:**

Judges 20:26:-

"Then all the children of Israel, that is, all the people, went up and came to the house of God and wept. They sat there before the LORD and fasted that day until evening; and they offered burnt offerings and peace offerings before the LORD."

Judges 20:35:—

"The LORD defeated Benjamin before Israel. And the children of Israel destroyed that day twenty five thousand one hundred Benjamites; all these drew the sword."

## **IT IS ESSENTIAL TO FAST FOR THE CORRECT REASONS:**

Zechariah 7:5-6:—

"Say to all the people of the land, and to the priests: `When you fasted and mourned in the fifth and seventh months during those seventy years, did you really fast for Me — for Me? When you eat and when you drink do you not eat and drink for yourselves?'"

Isaiah 58:3-7:—

"'Why have we fasted,' they say, 'and You have not seen? Why have we afflicted our souls, and You take no notice? In fact, in the day of your fast you find pleasure, and exploit all your labourers.

Indeed you fast for strife and debate, and to strike with the fist of wickedness.

You will not fast as you do this day, to make your voice heard on high.

Is it a fast that I have chosen, a day for a man to afflict his soul?

Is it to bow down his head like a bulrush, and to spread out sackcloth and ashes?

Would you call this a fast, and an acceptable day to the LORD?

Is this not the fast that I have chosen:

To loose the bonds of wickedness,

To undo the heavy burdens,

To let the oppressed go free,

and that you break every yoke?

Is it not to share your bread with the hungry,

and that you bring to your house the poor who are cast out; when you see the naked, that you

cover him  
and not hide yourself from your own flesh?"

### **WHEN SHOULD WE FAST?**

You should fast as the Holy Spirit leads. If you are sick or pregnant you should not feel guilty not fasting.

### **RESULTS OF FASTING:**

1. When Israel gathered against the inhabitants of Gibeah, they prayed and asked God, "Which of us shall go up first?" God said "Judah shall go up first." 22,000 men were killed that day. (Judges 20:21)

Israel went up weeping before God until evening asking, "Shall I go up against the children of my brother Benjamin?" God said, "Go up against him." 18,000 men were killed. (Judges 20:25)

Israel went up before the Lord and FASTED until evening... They asked of God whether they should go out to battle or cease and the Lord said, "Go up for tomorrow I will deliver them into your hand." 25,100 of the enemy were killed and Israel won the battle. (Judges 20:35)

2. Ezra 8:21 23:—

"Then I proclaimed a fast there at the river of Ahava, that we might humble ourselves before our God, to seek from Him the right way for us and our little ones and all our possessions. For I was ashamed to request of the king an escort of soldiers and horsemen to help us against the enemy on the road, because we had spoken to the king, saying, 'The hand of our God is upon all those for good who seek Him, but His power and His wrath are against all those who forsake Him.' So we fasted and entreated our God for this, and He answered our prayer."

### **PRACTICAL POINTS ON FASTING**

- 1. HAVE A CLEAR PURPOSE** for a fast to be undertaken.
- 2. BE LED OF THE HOLY SPIRIT** and use wisdom in the length of the fast.
- 3. DECIDE** whether it will be a total or a partial fast, i.e. whether it will be a total abstinence from food or water or both.
- 4. IF YOU ARE THE COOK** do not let the fast interfere with the family meals.
- 5. IT MUST BE REMEMBERED** that your body will be seeking food and consequently there may be some irritability when fasting. We are required to show a cheerful face so that we do not appear to be fasting. It can sometimes be difficult when we are invited to a luncheon and we are, in fact, on a fast. However, a quiet word to the host and using the wisdom of the Holy Spirit should alleviate any problems.

### **PRACTICAL — SESSION FIVE**

## Instructions

### **1. DIVIDE GROUPS** of 6 to 8 and choose a new Group Leader.

Move quickly into groups. The Group Leader will open with brief prayer. (5 minutes)

### **2. PUBLIC PRAYER** (15 minutes)

(a) The purpose of this part of the group session is to give you practice in praying as though you are in a public meeting or prayer meeting.

(b) It is important that each person stands and speaks loudly and clearly as if they are in a public meeting.

(c) Each person should pray for a maximum of one minute. Use the following topics or situations. If there are more people in your group than topics or situations when you have finished and gone through the list once, start again from the beginning. Allocate each person a particular topic or situation and give them two minutes to pray for that. Before you start with the first person, enter into a moment of prayer and ask the Holy Spirit to move and anoint each person. The topics or situations are:

(i) Opening a meeting with a prayer.

(ii) Before the offering is taken.

(iii) After the offering has been received and giving thanks for it.

(iv) Prayer requests, for example written requests, may have been received, or praying over handkerchiefs. (Acts 19:12)

(v) Salvation.

(vi) Baptism with the Holy Spirit.

(vii) A prayer for healing.

(viii) A prayer for closing the meeting.

### **3. INTERCESSORY PRAYER**

Preparation for Intercession (5 minutes)

You will now move into intercessory prayer. Intercession is essentially hearing what the Holy Spirit wants prayed for, then praying until the burden lifts. When in a group this requires extra "focusing" or careful listening. Therefore, the following preparation is required before we start to listen. The Group Leader will ask that each person, in turn, will pray on behalf of the group for each of the points listed below, i.e.:

"Father, we ask You to cleanse " or "Father, we confess tonight unbelief? and we ask You to wash us clean by the blood of Jesus.

Next person: "Yes Lord, we would also die to our imaginations and bring every thought into captivity to the Holy Spirit" etc.

(a) Cleanse their hearts. (Psalm 66:18)

(b) Confess any known sin. (1 John 1:9)

(c) Die to our own thoughts and imaginations. (2 Corinthians 10:5; Proverbs 28:26)

(d) Acknowledge total dependency on the Holy Spirit and ask for a fresh infilling of the Spirit.

(e) Deal aggressively with Satan in taking authority. (For example James 4:7 and Matthew 12:29)

(f) Apply faith, thank God for what He is about to say. (Mark 11:24) Listening (10 minutes)

(a) When you have completed the above, wait quietly on God to speak to your group.

Remember that this may take the form of a thought, impression, or a vision or a Scripture.  
(b) Each participant should then be encouraged to speak out, with faith, what they believe God has said to them (leader taking notes).

113

(c) You should then pray about the things God has been speaking about to the group until each burden lifts or you feel the matter has been prayed through.

4. Allow 10 minutes to go through any questions on homework from last week, particularly on Preaching and Teaching, and to allow time for prayer for members of the group.

### **HOMEWORK FOR SESSION FIVE**

1. Make a commitment to set aside a period of time each day specifically for prayer and intercession. Without creating a bondage we would suggest there should be between half an hour and one hour.

2. Set aside one day for fasting about a particular concern that you may have or request of the Holy Spirit to reveal areas in your own life, or that of your family which need to be dealt with or perhaps an area of ministry that the Lord would ask you to begin.

3. Each participant is encouraged to come prepared for Session 6 to give a 2 minute Preaching, Teaching, Testimony and/or a word that the Holy Spirit has for the meeting or individuals there.

4. Attendance in Session 6 is important as it consolidates those things that you have learned to date. Unlike earlier sessions where group participants have all been required to contribute, in Session 6 it is purely voluntary. However, you should be encouraged to practice what you have learnt and be prepared to share it.

### **REVISION**

Revise all previous sessions in preparation for the sixth night. In particular remember to bring along:

1. Your preaching notes.

2. Your teaching notes.

3. Your testimony notes.

4. Any words you may have received during your periods of prayer, intercession or fasting.

**REMEMBER** on the last night we will be starting at the advertised time and will not be dividing into individual groups but into larger groups.

## **SESSION SIX:**

### **CELEBRATION & ENCOURAGEMENT INTRODUCTION**

The purpose of Session 6 is to encourage all those who have attended the sessions, particularly in the areas that have been covered. Unlike the previous sessions where each person attending was required to participate, this session operates on an entirely voluntary basis. It must be stressed, however, that the more that is put into this session, the more will be received. To begin with, all participants should gather in the main meeting room where a division into smaller groups will take place. The group meetings tonight will operate in a way similar to a large prayer group or public meeting situation.

### **THE SESSION**

#### **A. MAIN MEETING (30 MINUTES)**

1. It is appropriate that all people involved in the session should be thanked for their commitment and their attendance over the previous sessions.
2. Open with prayer for the session, asking for the protection of the shed blood of Jesus Christ and the guidance of the Holy Spirit. This should be led by the person taking the session.
3. The songs "Go out in Power" and "Ministering in the Power" should be sung for the final time.
4. Remember that the purpose of Session 6 is to celebrate the encouragement, hope and vision given by the Holy Spirit during the previous sessions, and to put into practice those things that have been learned during the previous sessions.
5. The actual division into groups takes place in the main meeting. This can be done by simply dividing the meeting into two or three parts. Some adjustment may have to be made if the rooms are of differing sizes.
6. Once the division into the various groups has been announced move quickly into the smaller groups.

#### **B. GROUP MEETINGS**

Time allowed in groups — 1 72 hours.

1. Opening Prayer: As soon as everyone has found their seats, commence with a further prayer requesting the covering of the shed blood of Jesus Christ and particularly requesting the anointing of the Holy Spirit to fall on each and every person in the meeting.
2. Sing a maximum of two songs. At the end of the second song, allow time for the group to sing in the Spirit and allow time for words of prophecy and messages in a public tongue to be given and interpreted.



3. Call for two volunteers to each give two minute testimonies (perhaps including something that has happened during the session as well).
4. Call for two volunteers, to each give a three-minute preaching on the gifts of the Holy Spirit.
5. Call for two volunteers to each give a three-minute teaching on the fruit of the Holy Spirit.
6. Allow time for prayer for sickness, deliverance and the operation of the gifts of the Holy Spirit. Encourage people to reach out for a word of knowledge, then pray for the person that responds to that word.
7. End the session with a closing prayer.
8. Remember this meeting should be run like a big prayer meeting. Allow the free flow of the Holy Spirit and continually encourage participants during this session.

## **SONGS**

### **MINISTERING IN POWER**

(As each session progresses, add the appropriate verse.)

#### **SESSION 1**

Have you told someone about Jesus this week? Have they been baptised with His Spirit?  
It matters not that you're small,  
It matters not that you're tall,  
Only that you move by His Spirit.

#### **SESSION 2**

Demons must flee by the blood of the Lamb, Cast them out in the name of Jesus.  
It matters not if you fear,  
It matters not that you're bold,  
Know you have victory in Jesus.

#### **SESSION 3**

Have you told of the time that Jesus came to you? Have you told of the change He has made?  
It matters not that you're young,  
It matters not that you're old,  
Only that you're drawn by His Spirit.

#### **SESSION 4**

When He calls you to teach or preach in His name, He equips you for that purpose.  
It matters not if you can,  
It matters not if you can't,  
Only that you trust in His Spirit.

#### **SESSION 5**

Did you pray and believe for someone this week? Did you fast for a special purpose?  
It matters not that you're weak,  
It matters not that you're strong,  
Only that you MOVE by His Spirit.

#### **SESSION 6**

He has given you gifts to use in His name, Go out in His power and use them.  
It matters NOW that you know,  
It matters NOW that you go,  
Out in the power of His Spirit.

## **MINISTERING IN POWER - SHEET MUSIC**

HAVE YOU TOLD SOME-ONE ABOUT JE-SUS\_ THIS WEEK HAVE THEY BEEN BAP-TISED WITH HIS

QUICK AND LIVELY

ON-LY THAT YOU MOVE BY HIS SPIRIT\_

A TEMPO

SPIRIT\_ IT MATTERS NOT THAT YOU'RE SMALL IT MATTERS NOT THAT\_ YOU'RE TALL

GO OUT IN POWER

Go out in power go out in power In the pow'r of the Holy Ghost  
 Go out in power — go out in power In the pow'r of the Holy Ghost  
 The Spirit of the Lord is upon me  
 He has sent me to set the captive free  
 He has sent me to heal the broken hearted And to make the lame to walk the blind to see  
 Into the highways into the by-ways In the pow'r of the Holy Ghost  
 Into the highways — into the byways In the pow'r of the Holy Ghost

**GO OUT IN POWER - SHEET MUSIC**

*Rather fast:*

Go OUT IN PO- WER\_ Go OUT IN PO- WER IN \_ THE POWR OF THE HO- LY  
 GHOST\_ GO OUT IN PO- WER GO OUT IN PO- WER \_ IN \_ THE  
 POWR OF THE HO- LY GHOST\_ THE SPIRIT OF THE LORD IS U-  
 PON ME \_ HE HAS SENT ME TO SET THE CAPTIVE FREE \_ HE HAS

*Fine*

Piano accompaniment for the first system, consisting of a single bass clef staff with a key signature of one flat and a common time signature. It begins with a half note chord, followed by a quarter note chord, and ends with a half note chord.

Vocal and piano accompaniment for the second system. The vocal line is in a soprano clef, and the piano accompaniment is in a bass clef. The lyrics are: "SEE. GO OUT IN... HIGHWAYS IN TO THE BYWAYS IN THE". The piano part includes a 7-measure rest for the vocal line.

Vocal and piano accompaniment for the third system. The vocal line is in a soprano clef, and the piano accompaniment is in a bass clef. The lyrics are: "POWER OF THE HOLY GHOST IN TO THE HIGHWAYS IN TO THE".

Vocal and piano accompaniment for the fourth system. The vocal line is in a soprano clef, and the piano accompaniment is in a bass clef. The lyrics are: "BYWAYS IN THE POWER OF THE HOLY GHOST. GO OUT IN". The system concludes with a double bar line.